

# **Area 83 Eastern Ontario International**

## **Area Committee Meeting Minutes**

**September 7, 2013**

**ALCOHOLICS ANONYMOUS  
AREA 83 EASTERN ONTARIO INTERNATIONAL**

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**ALCOHOLICS ANONYMOUS  
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**Area Committee Meeting – June 1, 2013**

**1. Opening**

Good morning, everyone. Welcome! I'm an alcoholic and my name is Kim. I am your Chair for this term. I hope that everyone has had a fabulous summer.

Moment's Silence – Serenity Prayer

12 Traditions: Don MacP., Alternate District Committee Member of District 14

12 Concepts (Short Form): Amy L., Alternate District Committee Member of District 26

**Welcome to Quinte West** – This is our third Area Committee meeting of this term and our last for 2013. This is your meeting and is an opportunity for you to share what is happening in your Districts and Committees. Remember that this is YOUR Area committee – it is where recommendations to the Assembly are discussed and formulated, where tasks assigned by the Assembly are carried out. It is where your questions are answered and your concerns addressed. So please feel free to voice any concerns or questions you may have. There may be someone in the room who has the same question or concern and it always helps to share. It is important for us all to think of our First Tradition - "Our common welfare should come first; personal recovery depends upon A.A. unity." If we work together in a spirit of cooperation, the next 15 months will provide continued strength and direction to A.A. in Area 83. I ask for everyone's cooperation that when someone is speaking, please do not speak to those around you. It is important to be courteous to those at the front when they are giving their report, and during motion discussions, which I am sure all of you would expect the same. At the last meeting there was a lot of cross talk, and it was very disruptive to all.

**Some reminders**

This is a non-smoking facility. A break will be called sometime around 11:00 and again in the afternoon. Lunch is not shown as an agenda item, but we will break around noon. Please turn off your cell phones or anything else that might beep.

At this time I would like to introduce our Area Committee.

**Introduce officers**

(If you could hold any applause you might want to give until the end it will speed things up)

|                              |                         |         |
|------------------------------|-------------------------|---------|
| On my immediate right, our   | Panel 63 Delegate       | Mel C   |
| On Mel's right, our          | Alternate Delegate      | Joyce S |
| On my immediate left is our  | Secretary               | Tony A  |
| Beside Tony is our           | Treasurer               | Rob M   |
| Beside Rob is our            | Registrar               | Scott M |
| Across the way, our Panel 61 | Immediate Past Delegate | Rob W   |
| And I am your                | Area 83 Chairperson     | Kim S   |

**Area Committee Chairpersons** – Again, please hold any applause you might want to give until the end.

|   |           |
|---|-----------|
| Public Information Chairperson                          | Herb W    |
| Cooperation with the Professional Community Chairperson | Dan N     |
| Correctional Facilities Chairperson                     | Gary O    |
| Treatment Chairperson                                   | Ruth F    |
| Grapevine Chairperson                                   | Heather M |
| Self-Support Chairperson                                | Jim A     |
| Archives Chairperson                                    | Gary C    |
| Service Information Day Chairperson                     | Sue B     |

## ALCOHOLICS ANONYMOUS AREA 83 EASTERN ONTARIO INTERNATIONAL

Introduction of Past Delegates, People with appointed Area Service Positions and long time Service visitors.

Today we have:

### **Appointed positions:**

Area Archivist – David T.  
Area Webmaster – Todd S.

This is your Area Officers and Chairs for 2013 and 2014

### **Housekeeping:**

Our meeting schedule up to and including the tentative dates to the end of January 2014 will be included in the minutes. Last term's chair Joyce secured our meetings and Assemblies up to and including March 2014. The next Area Assembly and Service Information Day will be in Kingston on the weekend of October 25, 26 & 27, 2013.

| Year                | Month     | Date               | What                   | Where                      |
|---------------------|-----------|--------------------|------------------------|----------------------------|
| 2013                | October   | October 25, 26, 27 | Area Assembly          | Ambassador Hotel, Kingston |
| 2014<br>(tentative) | January   | January 04         | Area Committee Meeting | Westminister United Church |
| (tentative)         | March     | March 28, 29, 30   | Area Assembly          | Ambassador Hotel, Kingston |
| (tentative)         | June      | June 07            | Area Committee Meeting | Westminister United Church |
| (tentative)         | September | September 13       | Area Committee Meeting | Westminister United Church |
| (tentative)         | October   | October 24, 25, 26 | Area Assembly          | Ambassador Hotel, Kingston |
| (tentative)         | December  | December 06        | Area Committee Meeting | Westminister United Church |

### **Food:**

Lunch has been arranged by our DCM, District 34, Linda D. at a cost of \$5.00, per serving. Tickets will be sold prior to lunch. You must have a ticket to be served.

### **Seating:**

As much as possible – District Committee Member's and Sub-Committee chairs sit on the outside of the tables. Alternate District Committee Member's on the inside. Visitors and Past Delegates area asked to sit at the tables set up at the side of the room. This seating arrangement helps to facilitate the voting.

### **Who votes?**

All Area Officers, including the immediate past Delegate, but not the Chair. All Area sub-committee Chairs. All District Committee Member's of Districts in Area 83; in their absence, the Alternate District Committee Member may vote on behalf of their District. There is one vote per person.

# ALCOHOLICS ANONYMOUS AREA 83 EASTERN ONTARIO INTERNATIONAL

## HOW DO WE VOTE?

### Procedure:

Alcoholics Anonymous has traditionally made decisions by 'substantial unanimity'. In practice, this has translated to 2/3 majority. At times, I may ask for a show of hands to get a 'sense of the meeting'. This is not a vote, and anyone may raise his or her hand. I believe that the first part of the agenda today can be handled under simple majority. *The items under new business are of such a nature to be under 2/3 majority and I will ask for a motion when we get to that point in the agenda.* If, at any time, you think that we should move to a 2/3 majority, please make the motion.

### Minority Opinion:

A.A. has always protected the voice and opinion of the minority. When we have a vote, unless the voting is unanimous, or if the vote was to cover items such as acceptance of minutes, I will ask if anyone wishes to speak to the minority. To be able to do this, you must have voted with the minority on the motion. **If, after the minority has spoken, someone from the majority side of the vote wishes to change their vote, he or she may make a motion to reconsider.** If this is seconded and passes by a simple majority, we start discussion again on the *original* motion.

### Calling the Question:

During the discussion on a motion, a member, once recognized by the Chair, may move to "call the question". This is a motion to end discussion and move to the vote. This motion needs to be seconded, is not debatable, and requires a 2/3 majority to pass. If it passes, we go directly to the vote of the motion or amendment we were discussing. I would caution you not to use this privilege too often or too early – many good points and opinions will come out in any discussions, and if discussion is prematurely cut off, we will not get to hear them.

### Who may address the committee meeting?

It has been the *practice* at the Area committee level to use the same *principle* as we do at the Assemblies: only voting members of the Committee have a voice. This is important for two reasons

- It keeps the focus on the fact that this Committee is in effect the steering committee of the Assembly – members are representing their District's positions or Area's in the case of our Officers, rather than their own.
- It also maximizes the time available for members to voice the opinions and needs of their District. All who are attending may say their piece during sharing time.

I respectfully ask for your cooperation in this. If you don't have a vote, as I mentioned, please keep your input for sharing time which is scheduled for later this afternoon. At that time all in attendance are welcomed to participate and their opinions will be heard.

### Floor Motions

If you are making a floor motion for the Area Committee to consider today, it would be much appreciated if you would write your motion out and give it to our secretary, Tony.

I would entertain a motion now to carry out the first part of today's meeting by simple majority:

### **May I have a motion for simple majority**

Moved: Linda D., District Committee Member of District 34  
Seconded: Michael C., District Committee Member of District 48  
Vote: Unanimous in favour  
Result: Carried

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**2. REVIEW AND ACCEPTANCE OF AGENDA**

Before calling for motion, are there any items that should be added to today's agenda?

**OLD BUSINESS TO BE ADDED**

None

**NEW BUSINESS TO BE ADDED UNDER NEW BUSINESS AGENDA ITEM**

13-b) Move to remove the line which reads DCM District 04 - Humber and DCM District 46 - St. Lawrence Adirondack from Appendix B – List of Eligible Candidates on page 38 from the Area 83 Operating Procedures. Tony A., Panel 63 Secretary

May I have a motion to accept the agenda as amended?

Moved: James O'D. District Committee Member of District 10  
Seconded: Herb W., Area 83 Public Information Chair  
Vote: Unanimous in favour  
**Motion: Carried**

**3. ROLL CALL**

Scott M. has circulated the attendance sheets – please sign in the appropriate spot – there is also a separate section for visitors.

**4. REVIEW AND ACCEPTANCE OF MINUTES OF AREA COMMITTEE MEETING June 1, 2013.**

Minutes of the June 1st meeting were distributed by Tony through email and also a hard copy was placed in your folders at the Spring Assembly in March. Has everyone had a chance to review them?

*I would entertain a motion to accept the June 1, 2013 Area Committee meeting minutes as submitted*

Motion: ACCEPTANCE OF MINUTES OF AREA COMMITTEE MEETING June 1, 2013  
Moved: Elaine H., District Committee Member of District 06  
Seconded: Jim S., Alternate District Committee Member of District 66  
**Vote: Carried**

**5. DISTRICT COMMITTEE MEMBERS' REPORTS** (Sequence of reports to be drawn from the hat)

We have requested written reports from all Committee members, including District Committee Members. Members are asked to keep in mind the 2 minute time limit for verbal reports. Written reports may be as long as you like and will be included in the minutes in their entirety, if given to Tony A our secretary.

I would ask members to come up front to the mic to give their report. Order is determined by the chair drawing names from the bag. I will announce who is on and who is on deck. If you are "on deck", can you come up to the front and be ready to present when the District Committee Member before you steps down. Please clearly state your name, your position and your District when you are up here. Thank you.

## **ALCOHOLICS ANONYMOUS AREA 83 EASTERN ONTARIO INTERNATIONAL**

### **District 02 - Malton**

I am the District Committee Member for District 02 and a member of the Rexdale United Group and my name is Robert. District 02 voted to not meet during the months of July and August. Our next meeting is September 9, 2013.

Things are going well in corrections. Toronto West Detention Centre is scheduled to close in February 2014. Ontario Correction Institute has 3 AA meetings per week and all is going well.

Treatment - meetings are going well in the Brampton detox. Gift of Life noon meeting is sharing responsibility with another district. There were a few problems but all is going well now.

Public Information – there has been no progress in putting AA literature in existing police racks.

Cooperation with Professional Community – big event coming up called “Bring a Friend” sharing with District 06 will be happening in November.

The District 02 Service Day will be happening on November 2, 2013 at the Emmanuel United Church located at 420 Balmoral Drive in Brampton.

Thank you,  
Robert B., District Committee Member of District 02

### **District 06 - Mississauga**

Good Morning friends – I am a grateful alcoholic, a member of the Streetsville Group and it is an honour and privilege to serve as the District Committee Member in District 06. My name is Elaine and it is good to be here this morning. Our Alternate District Committee Member Chris H is also here today.

Our District is in excellent shape in terms of attendance at the District table, the support received from groups in the District and our financial commitments to Area and General Service Office. I am excited to report that although we have had a couple of resignations, all 17 Committee Chair and Alternate Chair plus Intergroup Liaison positions remain filled!

This fall, we will be visiting groups who are not attending at the District table – we hope to attract some new participation as it has in the past.

Our Committees are active and are participating in Toronto Intergroup and other GTA Committees. Our Treatment service meeting commitments at the Cawthra shelter, the Jean Tweed Centre and Gift of Life meeting are filled until the end of the year and we have met the literature needs of all treatment facilities in our District. Our Treatment Chair has also been active with Bridging the Gap requests as has our Corrections chair.

Our Cooperation with Professional Community Committee plans are well in hand for our Bring a Friend evening to which each group in the district is inviting at least one professional who comes regularly in contact with alcoholics – it is scheduled for Monday, November 11<sup>th</sup>. You are welcome to attend – cost of admission is that you bring a professional with you.

The Mississauga Fall Round Up is coming up on Saturday, October 5<sup>th</sup> – flyers are in your boxes. It promises to be a day of great speakers, good fellowship and an awesome buffet lunch. Please note we are in a new location – details are on the area, District and event websites. And a celebration for Alcoholics Anonymous recently in District 06 as Maureen N of the Streetsville Group celebrated 45 years of sobriety.

Lastly it is with sadness that I tell you of the passing of Phil G - past General Service Representative for the Mississauga group and Corrections Chair for District 6 and most recently GTA Corrections Chair. Phil always had his hand out to the still suffering alcoholic and especially to those in correction facilities. He will be missed.

You can follow what's going on in our District on our website – [aamississauga.org](http://aamississauga.org).

Yours in love and grateful service,  
Elaine H., District Committee Member for District 06



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**District 10 - Toronto South Central**

My name is James O'D. and I am an alcoholic.

Here is the state of the nation report for District 10....

1. Financially we are doing very well and seem to be perilously close to our prudent reserve and thus disbursements are on the horizon.
2. Attendance over the summer was typically poor but the table continued to function well and we are anticipating an energetic start to the new year.
3. The whole table is looking forward to attending the upcoming Assembly in Kingston and all members are encouraged to spread the word in their groups and sponsee's.
4. The annual Gratitude Conference which is put on the Toronto Lesbian Gay Bisexual & Transgendered Community and friends will be held in Toronto on Oct11-13<sup>th</sup>. For more information please see me at the break
5. District 10 is putting on its second annual Service Day in November. Flyers for the event will be found in your mail folder at the Assembly.
6. Something that is working for us that you may not have thought of....Instead of reading all the concepts at every meeting we have been experimenting with a member interpreting one concept every month so we end up going through them all in one year. This seems to make people more interested in them, peaks curiosity in the newcomer to the table and hopefully imparts a deeper understanding of what they are and how they work.
7. The Alternate District Committee Member (Anita) attended and spoke at the 41<sup>st</sup> Annual Lakeshore District's Conference in Oshawa.
8. I attended the Little Denmark Traditional Group's roundup in July.
9. Service Commitments – Along with our usual Harbour Light, Women's Own and Center for Addiction and Mental Health commitments, we have also assumed a Thursday night meeting at Covenant House and also are assisting Welcome Group to fulfill their commitment at Grant House.

Over all we are very busy, still committed and super enthusiastic!!!

James O., District Committee Member for District 10

**District 12 - Toronto South West**

My name is Greg H. and I'm an alcoholic and a member of the Hill Group in District 12. District 12 is doing very well and is meeting all of its' service commitments due to the support of the active groups at the table. Our finances are stable and meeting our needs at this point.

We have been on summer hiatus so there is little to report. It seems like we have been playing a little musical chairs with some of the sub-committee positions. I am looking to get some stability in that area.

We will be having our September meeting on the 11<sup>th</sup> and seeking to get as many of our General Service Representatives attending the Area Assembly.

Yours in service,

Greg H., District Committee Member for District 12

**District 14 - Toronto North Central**

I am an alcoholic member of the Aurora group, serving as District 14's District Committee Member and my name is Gord M. All of our Officer and most of our Sub-Committee Chair positions are presently filled. Don MacP. is our new Alternate District Committee Member and he has served District 14 as Treasurer, PI chair and CPC chair. Dennis F. our new Treasurer has served his group as General Service Representative and brings a strong business background.

Finances are strong; our rent is paid in advance until June 2014, we recently sent \$750.00 to General Service Office and \$1,000.00 to A83. District 14's summer attendance has dropped to 65%± of our active groups.

## **ALCOHOLICS ANONYMOUS AREA 83 EASTERN ONTARIO INTERNATIONAL**

Our Sub-Committee Chairs are attending the meetings at GTA Intergroup and are actively serving the district. We are fulfilling all of our service commitments and York Regional Police are very pleased with our recent refresh program.

Our Archives Chair has sent a questionnaire to our General Service Representatives requesting group information. Our Service Workshop chaired by our new Alternate District Committee Member Don MacP. is scheduled for 28 September 2013 at Thornhill Presbyterian Church, 271 Centre Street Thornhill, ON [flyer is on the GTA Intergroup Website]. Area 83's Alternate Delegate Joyce S. will facilitate our District Inventory on 11 November 2013.

In service,  
Gord M., District Committee Member for District 14

### **District 16 - Distrito Hispano de Toronto**

Good morning. My name is Victor M. and my home group is the Group Amistad. I am the District Committee Member of the Hispanic District (Distrito Hispano de Toronto #16); I am very proud to serve my district.

As District Committee Member, I want to report the Hispanic District together with the Hispanic Intergroup and Public Information Committee did three presentations in the Davenport-Perth Community Centre in Toronto.

The 3 Hispanic channels in Toronto that have covertures all over Canada are running Public Information tape in the Hispanic language, plus a couple of ads in the newspapers of our Hispanic community.

La Vina Chair ordered every two months 30 editions of the magazine to be distributed to our members.

In love and service,  
Victor M., District Committee Member for District 16

### **District 18 - Toronto City East**

Good morning friends. I am an alcoholic, and have the responsibility and privilege of serving as the District Committee Member for District 18, Toronto City East, and my name is Murray O.

Our district is doing well financially and able to send monies along to Area and GSO while meeting our local commitments. We are still average just over 50% group representation at the table which is the historical norm for last several terms. Many of our district groups are small and have never or infrequently sent General Service Representatives. We do have contact for most groups and circulate District minutes and other related communications in hopes that they are getting to the members as required.

We have finally found a new Treasurer in Donna Z who has returned to service at the table and we must express our deep gratitude to John M for keeping our books going well past his term. We also have a new Public Information chair in Barb B and she is a welcome addition to the table's service energy. We still have a few chairs and alternates to fill and we may need to revisit some chairs which seem to have gone quiet. I am filling in for corrections as our chair is facing some health issues and the alternate is having trouble of their own currently.

The groups are still meeting our service meeting commitments for Corrections Facility and Treatment Facility meetings. We also are thankful to a few groups from District 22 who have reached out for opportunities to be of service and are lending a hand or two in District 18.

And perhaps most exciting, we have a few new groups officially or coming in. Officially we have the "We Are Not Saints" group which meets Friday at 8 pm at the Neighbourhood Unitarian Universalist Congregation, 79 Hiawatha Road, Toronto, ON M4L 2X7. This location is north off Gerrard and just west of Coxwell. The format is an "open" i.e. non alcoholics welcome, "open" topic discussion meaning open to any topic from the floor. They have sent a General Service Representative and Alternate General Service Representative already to the table so we welcomed Ed and Eric.

We hear also that there is a new group forming out of a service meeting in the Unionville/Markham area called the Thursday Noon meeting. We look forward to welcoming them as a group and hopefully with a General Service Representative at the table. And there is another group shaping up in the Markham Unionville area which we hope to hear more from official soon.

**ALCOHOLICS ANONYMOUS  
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Finally, we are continuing to review and revise our procedures document and it looks like the table may want to revert to an ad hoc committee rather than run everything through the table piece by piece.

Yours in Love and Service,  
Murray O., District Committee Member for District 18

**District 22 - Scarborough**

I am an alcoholic, a member of the Sunday Scarboro Group my name is Bryan D'S., and I am privileged to serve as the District Committee Member for District 22.

Our District is functioning well and we are able to meet all our financial obligations. We have 20 Groups in our District with about 65 percent of the Groups attending the District meeting.

All the Sub-Committee Chair positions with the exception of the Public Information Chair have been filled but the responsibilities of the Public Information Chair are being filled on a limited basis; most of Alternate Sub-Committee Chairs positions are still open.

District 22 along with District 18 put on a very successful 8<sup>th</sup> Annual East Toronto Archives Breakfast. Planning for the 9<sup>th</sup> Annual East Toronto Archives Breakfast will start on September 11, 2013.

Our Annual Service Day followed by a dance is scheduled for September 14<sup>th</sup>, 2013, which is a week from today. This year is our District's 35<sup>th</sup> Anniversary and it will also be our 35<sup>th</sup> Annual Service Day.

Our District Inventory for this term is scheduled for November 10, 2013 and our Delegate Mel, has kindly consented to facilitate the Inventory.

Yours in Loving Service,  
Bryan D., District Committee Member for District 22

**District 26 - Lakeshore West**

Good morning friends, I'm an alcoholic, a member of the Ajax Area Group and my name is Kimberley. It is my privilege of serving as District Committee Member for District 26, Lakeshore West.

A big thank you to Mel, Ruth, Heather and Ray for their sharing at the June 23 Service Day for District 26 and District 28! And also thank you to all who came out to support and join us, it was a great afternoon! The Lakeshore Conference held in the August was a great success and very well attended.

Our Cooperation with Professional Community Committee continued to meet over the summer. I understand that they have been quite active as well. I look forward to an update at our next District meeting. Our June District meeting was lightly attended and since we don't meet in the summer, but will meet next week, that's all I have to report at this time!

Yours in love and service,  
Kimberley M., District Committee Member for District 26

**District 28 - Lakeshore East**

Hello friends, I am an alcoholic, a member of the Bowmanville Group and my name is Jack H. I have the honor and privilege of being your District Committee Member for District 28. Welcome back! I hope that you all had an enjoyable summer.

Not much new has happened over the summer. I would like to thank our Area Delegate to New York, Mel, for a great report given to us during our Service Day in conjunction with District 26, held on June 23 at the Alano Club in Oshawa. Many thanks Mel!

We did have our Lakeshore District Conference on August 9-11 of this year, at the General Sikorski Hall in Oshawa. It was well attended this year (attendance appeared to be up), we had great speakers, both from in and out of town. A wonderful meal and dance was enjoyed by all. Final report is not ready as of yet.

## **ALCOHOLICS ANONYMOUS AREA 83 EASTERN ONTARIO INTERNATIONAL**

Our Interchange program is doing very well with District 26 and we are honoring all of our commitments to our Treatment and Correction Centres.

This is my report; I would like to thank all of you for my sobriety.

Yours in Love, Service, and the Fellowship of the Spirit,  
Jack H., District Committee Member for District 28

### **District 30 - Quinte West**

I am an alcoholic and my name is Pierre B. It is an honour and privilege at most district meetings to be the District Committee Member of District 30 and a member of the Fresh Start Group in Campbellford.

We have a new meeting list a real paper one and one on our website but there continues to be a bit of difficulty with this one but am sure it will get ironed out eventually. Our women's meeting in Cobourg is growing in size and popularity. This meeting started about 6 months ago and has really taken off.

The groups are attending the monthly district meeting with approximately 75 to 80% attendance to the table. The service meetings are being looked after however we still need a few chair people for this.

The District is in good shape financially and we are meeting all of our expenses and donating when possible to all service entities. There is a small problem with chair people receiving their workbooks but hopefully this will clear up soon.

Yours in love and service,  
Pierre B., District Committee Member for District 30

### **District 34 - Quinte East**

Good morning ladies and gentlemen, my name is Linda D. and it is my privilege to represent District 34 as the District Committee Member.

It is over half way through my first year as the District Committee Member for District 34 and was a great experience it has been. The number of groups attending the district table is about 55% each month. Financially we are sound and have used about 46% of our guideline expense prediction. We have also had one new group register in our district since last time we met.

All of the service positions at the table are full and the people who are in these positions are committed ensuring that the message of Alcoholics Anonymous is being carried in District 34.

There are 2 medallions that I would like to mention – the first is For Estelle - she will celebrate 45 years on October 27 at the Happy Destiny Group and then Bob M will celebrate 40 years on October at the Foxboro Friendship group.

We are also having the 35<sup>th</sup> Annual Districts 34 and 36 AA conference at the Napanee Lions Hall on September 29<sup>th</sup>, and the Belleville and Area Round up will be held Saturday November 16<sup>th</sup> at the Thurlow Community Centre. I have placed flyers for each event at the back table. We hope that some of you will be able to make it.

Yours in service,  
Linda D., District Committee Member for District 34

### **District 36 – Kingston & The Islands**

Absent and no report submitted

### **District 38 - Thousand Islands**

Absent and no report submitted

## **ALCOHOLICS ANONYMOUS AREA 83 EASTERN ONTARIO INTERNATIONAL**

### **District 42 - St. Lawrence International**

Hi everyone. My name is Louise T. and I am an alcoholic. My home group is the Wednesday Night Potsdam ODAAT Group. I serve as the Alternate District Committee Member for District 42 – St. Lawrence International. After a phone discussion last night with our District Committee Member Allan C., we jointly drafted a few notes as to what our district has been up to this summer.

- We have met as a district through the summer months and have been fairly productive with our committees. Our Corrections Chair drafted a letter of need to send out to all our groups later this month in hopes of increasing the number of men and women willing to bring the message of recovery and hope into our correctional facilities.
- We have 4 groups who ordered Grapevine calendars.
- Our Public Information/Cooperation with professional Community Chair has an active committee of “3 pigeons” who she reports as delivery meeting lists to several doctor offices and mental health agencies. Our meeting lists have been updated and we are in the process of updated our volunteer AA Hotline list.
- On July 6, 2013 there were 5 of us who were able to come over to the Tri-District Day of Sharing to hear our Delegate's report and hear our Alternate Delegate speak. A big shout of thanks to Michael C. from District 48 for hosting this event.
- Due to the fact that several of our members cannot cross the border, we are planning a Day of Sharing on September 28, 2013 from 10 am to 4 pm and have invited our Delegate to come and share his General Service Conference report.
- There has been a bit of discussion at our table about the possibility of re-districting to one of two areas in New York State, but a decision to move is highly unlikely for a couple of reasons: one, we who can cross love the support and the overall vibrant energy of Eastern Ontario International here in Area 83!! And two, 3 members did attend the central N.Y. Area 47 Assembly in Alexandria Bay in June to find out that this area conducts monthly Area Assemblies that rotate every month throughout central and northern N.Y. This is not only becomes a funding issue, as we still only get minimal contributions from the groups in our district, it also becomes a time management/service commitment issue as well. So, suffice it to say, it appears we are staying here in the loving arms of my fellow Canadian members in Area 83!

I look forward to seeing you all at the October Fall Assembly and remain grateful for sobriety and my willingness to serve AA in this capacity.

In love and gratitude for sobriety and service,  
Louise T., Alt. District Committee Member for District 42

### **District 48 - Seaway Valley North**

As the district took the summer off, there were not any district meetings so there is not much to report. That being said District 48 hosted this year's Tri-District Service Day with districts 50 Cornwall and District 42 St. Lawrence International on Saturday July 6 at the Lakeshore United Church in Morrisburg, ON.

After consulting with other members, current and past District Committee Members, all agreed to try starting the service day at 3:00pm rather than the traditional 10:00am start time. To be followed by a BBQ and then an outdoor open meeting to try and boost participation. This format seemed to work as we had around 40 members from the three districts and their families as well as some members from District 62 as well as our service chairs for the district Grapevine, Corrections and Treatment Facilities, Cooperation with Professional Community and Public Information and our Area 83 Self Support Chair Jim A. all of whom manned their display tables.

At the service day meeting, Mel C. our Area 83 Delegate gave his unique and informative report on the General Service Conference which had been held in April. After a short break our Alternate Delegate Joyce S. was our service speaker and shared with us her story of what it was like what happen and what it is like now; including how service has enhance her life and recovery both in and outside the rooms of A.A.

At the BBQ afterward's, over 50 members and their families enjoyed a fine feast of burgers, hotdogs, sausages, chicken and a variety of salads followed by even tastier deserts. Around 30 members stayed to hear Jim A. our Area 83 Self Support Chair share his experience strength and hope. At the open speaker outdoor meeting, the day wrapped up by 8:30 with lots of help from all who stayed for the meeting.

## ALCOHOLICS ANONYMOUS AREA 83 EASTERN ONTARIO INTERNATIONAL

Near the end of July a request was made to the district by the New York State Correctional Services asking for a couple of members who would be willing to attend AA meeting inside the Riverview Correctional Facility in Ogdensburg NY on Mondays; at this time at least one member has volunteered. Then last month another request was made to those who use to attend meeting at the Ogdensburg Correctional Facility if they would be able and willing to return on a Tuesday night as eight inmates want to attend an AA meeting.

The District table still has four service positions open on the plus side we now have a new Web Master from district 48 Pat H. who was acclaimed at our September meeting at the same time our Alternate District Committee Member Rick M. resigned in order to be more active in his other fellowship. Rick was thanked by the district for his year of service. The District also wants to thank Mark W. from District 62 for his service as our temporary web master this past year and for assisting Pat as she assumes the duties and responsibilities of her new position.

We continue to have approximately 50% turn out of the groups General Service Representatives to the district table. As of September, the district has two new meeting one in Morrisburg, a Big Book discussion group meeting on Monday nights. Also in Kemptville with the move of the Sunday Morning Study Group from the hospital to the Masonic Lodge on Van Bruen Street, a new group will be meeting at the Kemptville Hospital at 8:30 Sunday mornings.

God bless. Yours in love and service,  
Michael C., District Committee Member for District 48

### **District 50 - Cornwall**

Good morning friends, alcoholic named Dave. I am a member of the Beginners Group which meets in Cornwall on Saturday mornings and currently serve as the District Committee Member for District 50.

Hopefully everyone had a safe, sober summer and enjoyed lots of opportunities for fellowship. Thanks to the organizational skills of the District 48 service day committee and the participation by Area 83 representatives Jim, Mel, and Joyce, the July Tri- District service day was a success. Special thanks to Jim for speaking at the last minute. The event was held on a beautiful day along the scenic St. Lawrence River and the BBQ was awesome.

The Cornwall Detox Center has officially closed. The inpatient program has been replaced by a daytime outpatient program which lasts 3 weeks and is located at the Hotel Dieu Hospital on McConnell Ave.

John A our District's recently elected Cooperation with Professional Community/Public Information chair has been representing AA at the outpatient program on a weekly basis by hosting one hour information sessions on what AA is and isn't followed by a Q/A. John will be reporting to the District table on a monthly basis or as required if the outpatient program shifts its focus or wishes to change our level of involvement.

If any other Districts have experience working in or with the new addictions models please feel free to share your experience strength and hope with us. I will be here all day so just bend my ear.

Don S our Alternate District Committee Member and I have dinner tickets for the upcoming November Cornwall Conference. Everyone is welcome and if you are planning to attend you may wish to purchase dinner tickets today as there is limited seating. Conference Registration is \$10.00 and Dinner & Registration is \$40.00. We also brought information flyers for those who wish.

A member of Lancaster's "Just For Today Group" is celebrating 50yrs on Tuesday September 17. A respected elder statesman in his home group, this gentleman's program of action brings him to meetings across the District on a regular basis. He would be the first to say that ours is a one day at a time program but I mention it because in my mind 50 years is a lot of one day at time.

Thank God for those who came before us and those who continue to come around to share their experience, strength, and hope.

Yours in Service, Dave S.,  
District Committee Member for District 50

## **ALCOHOLICS ANONYMOUS AREA 83 EASTERN ONTARIO INTERNATIONAL**

### **District 54 - Ottawa Rideau**

*Report read by Tony A. Area Secretary in District Committee Member's absence.*

Good morning, my name is Bob B., serving as the District Committee Member for District 54, a member of the Beacon Hill Group, and I am an alcoholic.

Our monthly District meetings are well attended by our General Service Representatives and District Committee Members. Our Grapevine chair remains vacant even though our General Service Representatives are actively mentioning it at their home group. Our Cooperation with the Professional Community Chair resigned in August so we will discuss at our next District meeting.

We are meeting our financial needs and service commitments. There was no district meeting in August.

Our district hosted the annual Vanier Round-Up on Saturday, June 1<sup>st</sup> and along with District 58 (Ottawa Bytown) and District 62 (Ottawa West) our Service In Recovery Day on June 8<sup>th</sup> in Ottawa at the Overbrook Community Centre. Both events were well attended. Thanks again to Area 83 Committee Chairs in attendance.

Finally, the Ottawa AA Fall Conference is being held this year at the National Arts Centre on October 18, 19 & 20<sup>th</sup>.

Yours in love and service,

Bob B., District Committee Member for District 54

### **District 58 - Ottawa Bytown**

My name is John V. and I am a grateful recovering alcoholic. I am a member of the Laurier / Sandy Hill group in Ottawa and I am currently serving as District Committee Member for District 58, Ottawa Bytown.

As of Mid-August our district has met all of our service commitment for the year and as of Friday September 6<sup>th</sup> 2013, all of our financial commitments have been met and our meeting room rent for 2014 has been paid. Our long suffering treasurer, Gabriel P., will hopefully be replaced soon – as he approaches the end of his 3<sup>rd</sup> year in an increasingly misnamed 2 year term. He informs me that our prudent reserve is still topped up and we will be able to support the Fall Conference here with \$250 as well as Alkathon for the same amount.

As of our September 9<sup>th</sup> District meeting, I still have no news regarding the merger of Cooperation with Professional Community and Public Information Committee and hope to hear from Dan before next Month's meeting. To this point in the calendar I have attended 10 of a potential 36 meeting in the District and hope to attend them all by year's end. I have visited 1 of the English meetings on the Quebec side and hope to attend 2 or 3 more by month's end.

With regards to CERAASA 2015, I will begin circulation of 'Service Worker Interest Sheets' this week and hopefully have a good feel for the project's possibilities by the time Kingston rolls around in October ...

Yours in loving service,

John V. District Committee Member for District 58

### **District 62 - Ottawa West**

I am an Alcoholic, a member of the Parkwood Hills Group in Ottawa, and am currently serving District 62, Ottawa West, as their District Committee Member. My name is Sue B.

Our finances in District 62 remain healthy. We have recently sent contributions to both Area 83, and the General Service Office. It has been quite awhile since District 62 was able to do so. Our Alternate District Committee Member Rod D is attending many of the Group's Business Meetings to give a short presentation on Self-Support. Rod's enthusiasm and knowledge is one of the reasons, I believe, for the improvement of the District's finances.

We continue to have Groups send new General Service Representatives to the District Meetings which had never been represented before. It is a pleasure to get to know them, and to hear about their Groups.

## ALCOHOLICS ANONYMOUS AREA 83 EASTERN ONTARIO INTERNATIONAL

I believe that the more we can help the new person in service, the more fun they will have, and will wish to continue. With that being said, and to help them understand the Service side of Alcoholics Anonymous, I have offered a Service Manual workshop. We will meet starting at this September's District meeting, an hour and a half before the meeting starts. Believe it or not, we have quite a few takers for this workshop!

Rod and I are quite busy with Group Inventories. A couple of months ago, we had the privilege of conducting an Inventory with a Group that was on their way to folding. However this is a very passionate Group, and worked well together throughout the Inventory with the same goal at heart; to save the Group, and to be there for the still suffering alcoholic. They were willing to change their complete format, which they did. I am happy to say that they are now thriving, and attracting members once more. It was a true, feel good moment, for me. Alcoholics Anonymous is truly amazing when we follow what is suggested, and stay out of its way.

Yours in love and service,  
Sue B., District Committee Member for District 62

### **District 66 - Golden Triangle**

*Jim S. Alternate District Committee Member for District 66 read report in District Committee Member's absence.*

My name is Rod and I am a grateful alcoholic. I have the honour and privilege to serve the Golden Triangle District 66 as District Committee Member. Regrettably, I am unable to be present today but please welcome our new Alternate District Committee Member Jim S. will be reading my report. Jim is not new to this position and I am sure he will do a fine job.

I am pleased to report that District 66 is currently in a sound financial position and has been able to meet all of its financial commitments. Following last month's meeting, our District discussed at length the percentage formula for distraction of excess funds and subsequently voted to make this percentage formula part of our district bylaws. This will help eliminate long discussions in the future on the distribution of funds to Area 83 and General Service Office.

I am also pleased to announce that attendance at the District table is still very strong and large number of General Service Representatives are attending and representing their groups. This has resulted in longer meetings in order to ensure that everyone has a chance to participate.

I also wish to announce that all service positions for the District have currently been filled. I am looking forward to seeing everyone at the Fall Assembly.

Yours in love and service,  
Rod D., District Committee Member for District 66

### **District 70 - Renfrew Pontiac**

Good morning. My name is Dave P. I'm an alcoholic and a member of the Sunday Night Serenity Group in Renfrew. I have been given the honour of serving District 70 as the District Committee Member.

Have just stepped into my duties, I am grateful for the opportunity to help in any way. District 70 is financially sound and enjoys active participation from its groups for events. Our members have recently added a new meeting in Arnprior. It's truly wonderful to see our traditions at work. We look forward to working with our friends in District 74, Pembroke and District 78, Madawaska Valley for the tri-district service day. Our Alternate District Committee Member position is unfilled at this time but should be filled soon. We look forward to seeing you at our fall round-up in October. Thank you for my sobriety, and the privilege of serving Area 83.

Yours in Service,  
David P., District Committee Member for District 70



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**District 74 - Pembroke**

*Report read by Tony A. Area Secretary in District Committee Member's absence.*

My name is Jack and I'm an alcoholic. I'm the District Committee Member for District 74 Pembroke and area. This report is normally read and approved by our district General Service Representatives and officers but we took the summer off.

Nothing much to report. Very few people from Pembroke showed up for the tri service info day in Barry's Bay. I think we should meet the day before the assembly or the day of and do our area83 meeting there. Anyways, see you at the fall assembly.

¾ of the positions are filled at district for the moment. Typically vacant are Public Information, Cooperation with Professional Community and Self-Support.. We also are in need of an Alternate District Committee Member and Even Chair.

Our website gets about 4,500 hits monthly. Weekly newcomers or visitors tell us how easy it was to find a meeting. We are improving it by making sure no hyperlinks leads to dead hyperlinks.

Our help line does connect the drunk, newcomer or whomever to AA but it is not perfect. Sometimes the operator or caller are long winded thus a higher monthly bill. We do not have the manpower or resources to have our own place.

Many new faces at district table as new people try out the General Service Representative and some old faces as no-one volunteered to replace them. Most people have the impression that you need to be qualified. If they only knew that it is not so. The journey is in the learning. That's where the AA growth is.

The registry shows X number of groups but we only have 12 groups. Most groups have 6-16 members. Most groups have 1-2 meeting per week. There's at least one meeting per night in Pembroke area. Monday night has four. We have open speaker, closed discussion and 12 & 12 meetings. It is an endless job to try to keep the registry up to date.

Overall, all is normal in the valley. If you wish to know more about us please see pembrokeaa.org for a meeting and/or use the meeting list that your District Committee Member received in Kingston.

Yours in service,  
Jack B., District Committee Member for District 74

**District 78 - Madawaska Valley**

Hi. My name is Lois and I am the District Committee Member for District 78.

Our district is doing very well with all groups active except for Paudash Tuesday Night Group which has closed, leaving the Saturday night group in Paudash.

Our July Information Day was very successful with an extended thanks to our area members that helped to make it successful.

Thursday night Golden Lake Group has re-opened as a discussion group and has been very well attended. All positions at the District table are filled. Our district birthdays are Virginia with 12 years on Sunday September 8, 2013 at the Gratitude Group in Bancroft. Mike L with 13 years and Ron L with 20 years on October 2 in Whitney.

Preparation and ticket sales for our Festival of Colours on September 28 in Combermere are well under way. There will be tickets available at the door for \$20.00 for the banquet. Admission is 7<sup>th</sup> tradition. Hope to see you there.

Yours in service,  
Lois C., District Committee Member for District 78

**District 82 – Victoria-Haliburton**

Absent and no report submitted

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**District 86 - Kawartha**

Thank you Kim and everyone here today. I am an alcoholic, member of Friendly Friday in Peterborough and District Committee Member for District 86, my name is Sandra.

In the Kawartha District, we have 21 groups registered. Attendance at our district meetings is always very good at around 85 percent. We are in good shape financially. The only position to re-fill is Grapevine, and tomorrow at our district meeting I believe it will be filled. We are really very blessed with volunteers getting into Central East Correctional Centre in Lindsay.

Our 52<sup>nd</sup> Annual Kawartha District Conference, Acceptance is the Key, that was held on June 28 and 29, 2013, at the Evinrude Centre was just an amazing success. It is an honour to serve as District Committee Member for our district in this area and to help carry the message to the still suffering alcoholic.

Yours in love and service,  
Sandra B., District Committee Member for District 86

**6. COMMITTEE MEMBER REPORTS**

**a) Public Information Report**

***Herb W.***

Greetings everyone. My name is Herb and I am an alcoholic. I am a member of the Redwood Sunday Morning Breakfast meeting in Trenton, District 30 - Quinte West. I also have the privilege to serve as your Public Information Chairperson for Eastern Ontario (International) Area 83.

Since our last Area Meeting in June, I attended and gave a presentation at Gratitude Day In Ottawa, on June 8. On June 23<sup>rd</sup>, I set up the Area Public Information Display and attended the Service Information Day in Oshawa. On July 13<sup>th</sup> set up the Public Information display and gave a presentation at the Matawaska, Pembroke and Renfrew Service Day in Barrys Bay. I enjoyed myself immensely and thank you all for inviting me and giving me the opportunity to learn and grow in recovery.

I submitted a Public Information report on behalf of Area 83 to the Public Information/Cooperation with Professional Community news exchange letter that is published twice yearly so that all Areas have a chance to exchange news. I can mail or email the newsletter to anyone who would like a copy.

I had the opportunity to spend all day Saturday August 10<sup>th</sup> in Oshawa at the Lakeshore District Conference and was blessed with good fellowship and even better food!

I ordered and sent out the revised Public Service Announcements for Canada and sent them to Bell Media (Betacam format) with the new telecaster numbers for our P.S.A.s via television. I also passed on the request for a revision to newer formats for the television industry today - i.e. digital formatting and spoke with General Service Office concerning the matter and had it explained that when newer videos are created that they will be formatted to newer technology.

I am also on the Indigo Project and have contacted Indigo by phone and been given a new contact email and was hoping I would have good news to report to you today but have not got a response as of yesterday. To refresh the matter it was brought to my attention that the Big Book had Hazelden as the publisher in the store kiosks.

Last month I researched the matter again and have found two versions of the Big Book, two versions of the 12 and 12 and the books Living Sober and Came to Believe and having Hazelden as the publisher. I have submitted a letter to Indigo with all the ISBN numbers and a letter concerning this matter.

Keep sending me your minutes and let me know if you have any service events that you would like me to help out with or attend. I have ordered literature and am ready for the Area Assembly in October and am looking forward to a combine Public Information/Cooperation with Professional Community workshop with Dan N. I hope to see you there!

Thank you for the opportunity to serve in service, to realize the fullness of the Spirit of A.A. that is within!

Herb W., Public Information Chairperson - Panel 63 – Area 83 Eastern Ontario International

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Questions/Comments:

Murray O. of District 18 asked if Herb if he considered contacting Hazelden ? Herb replied is that he trying to find out from GSO who Indigo is purchasing their literature from. He indicated there is an affiliation issue and he is not sure who is supplying Indigo with the literature.

**b) Cooperation With The Professional Community**

**Dan N.**

Hello friends, I'm an alcoholic, a member of the Royal York Group, Area 83 Cooperation with Professional Community Chair and my name is Dan N.

I'm happy to report that there has been a lot happening since our last meeting even with the summer break! There were several Roundup and Service Days over the last few months with Cooperation with Professional Community being represented. Some Districts continued their plan for sending out Cooperation with Professional Community information - for example, sending out letters to lawyers and business cards and pamphlets to police stations. District 26 and in particular Deborah M. and Guy L. have been working hard to have AA as part of the curriculum at Durham College. I had the pleasure of being with them in presenting AA at two classes to the Addiction and Counselling students and again just this week to the nursing class. The students ranged from first year to last year and their enthusiasm and gratitude for us being there was very much felt.

I have regularly attended the Toronto Intergroup Cooperation with Professional Community meetings held monthly and there is considerable energy with the eight Districts represented. On July 27th- July 31st, the Cooperation with Professional Community Chairs volunteered to be part of the AA booth at the National Medical Association held at the Toronto Convention Centre. The National Medical Association represents the African American physicians in the U.S. and there were several thousand that attended this event. It became obvious early on that there were considerable questions regarding Al-Anon and Peter D., Cooperation with Professional Community Chair for District 12, was able to get Al-Anon literature for the four days. All feedback has been very positive and the Districts should be pleased that their hard work was well received.

There are two noteworthy Cooperation with Professional Community events being worked on for this fall - one in Mississauga, the other in Oshawa. District 2 and 6 are co-hosting a 'Bring a Friend' professional evening on Nov. 11<sup>th</sup> with 3 speakers- an AA member, an Al-Anon member and a non-alcoholic professional. The main purpose is to introduce the professional community to AA. In Oshawa, also on Nov. 11<sup>th</sup>, District 26 is hosting an "AA Professional Symposium" with an AA and an Al-Anon speaker. These professional meetings have been well attended in the past and I encourage any District who is interested in putting on such an event to talk about this at Area Assembly during our Cooperation with Professional Community/Public Information meeting.

In closing, I would like to offer my assistance with any Cooperation with Professional Community initiative that your district may be planning in the fall and to help out wherever I can. Please do not hesitate to let me know if I can be of any help on my end.

Yours in love and service,

Dan N. Cooperation with Professional Community Chairperson - Panel 63 – Area 83 Eastern Ontario International

Questions/Comments:

John V. of District 58 indicated that 2 doctors from University of Ottawa attended his meeting at the suggestion of one of their instructors. John said this is not the first time this has happened as his meeting is so close to the university. John wondered if we had a comprehensive information kit that we could give specifically to doctors that have an interest in going to work in addictions.

Dan N of indicated that there is in fact there is some pre-packaged information that is given to the medical community which involves the 3 talks of Bill to the Medical Association and some other information. Dan indicated to just have the person(s) contact him and he will get the information to the requested person(s).

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**c) Corrections Report**

**Gary O.**

Good Morning Alternate/District Committee Members, Area Committee Members and guests. My name is Gary O., and I am a member of the Living Sober Group in Newmarket, Ontario.

Our District Corrections committee members have been doing a great job keeping our meeting on in the institutions. Due to lack of members to put on the meeting and the lock downs by the institutions it has been a challenge. As of June 2013 all our Institutions have been serviced and for that I thank all of you. As some of you are aware Grace K. from the Lindsey Jail will be retiring sometime this year date has not been confirmed yet grace is the Volunteer Coordinator for the jail and has been doing this job on behalf of the institution and our fellowship for many years she will be missed when she leaves.

Our Bridging the Gap program is still the largest part of our job in the area. As of June 01 2013 we have sent out 27 Bridging the Gap requests they were sent out by Area 86 from one institution a female prison in Milton Ontario this institution send out request from one day to a months' notice of the clients release date so it make it hard for our corrections chairs to get a contact but they get the job done and I thank all for that. There was one sent out from area 87 to Ottawa. I thank the Ottawa corrections committee for their contact. We also got one that went to St Catharine's from area 86 and one to London Ontario all contacts weir made. I would like to thank District 62 for the invite to put on a workshop in Ottawa this day was well done by all who participated correction is doing will in the Ottawa area and again I thank you.

On a sad note we have lost another great member from the corrections side of A.A. Phil G of the Mississauga Group District 06 Corrections Chair and chair of Toronto Intergroup Correction Committee had passed away on Sept 02, 2013 to a battle with cancer. Phil always had his hand out to the still suffering alcoholic especially to those in correction facilities - he will be missed by us and all who knew him.

In October we have our assembly coming we will be putting on a correction workshop in the ballroom I hope to see all of you there you won't be disappointed with our agenda. I would like to ask all the District Committee Members and Committee Chairs not to hesitate to e-mail if you have any questions I can be reached at [cf@area83aa.org](mailto:cf@area83aa.org).

In closing, I would to thank all the Corrections Chairs that I've had the opportunities to work with, in the past seven months I look forward to working with all of you again Thank you.

Yours in service,

Gary O., Corrections Facilities Chairperson - Panel 63 – Area 83 Eastern Ontario International

Questions/Comments:

Robert B of District 02 asked if Gary wanted more involvement from the Volunteer Coordinator in the Bridging the Gap Program?

Gary expressed that he was just thinking of ways to increase the ways that we can fulfill more Bridging the Gap requests. He was also wondering if this is something that might be achieved through the Volunteer Coordinator. He is open for suggestions on how to work this out.

Gary also expressed that much of the problem lies with the actual clients not following through on their own Bridging the Gap requests.

**d) Treatment Report**

**Ruth F.**

Good morning, my name is Ruth and I am an alcoholic. My home group is the Agincourt Acorn group in District 22, Scarborough. I am excited to currently be serving as your Area 83 Treatment Chair.

I was to thank the members in Ottawa for putting together a wonderful and informative day on June 8<sup>th</sup>! I sat with people and answered questions, exchanged experiences and learned lots too! June 26<sup>th</sup> I was off to District 26/28. There was much enthusiasm and passion for AA in that room that day! Awesome. Thank you to District 26/28 for being self-supporting and paying my gas. September 14<sup>th</sup> I look forward to being at the District 22 service day. I take the Area display and literature with me everywhere I go, it is so great to talk with other members in service, and those asking about service!

## **ALCOHOLICS ANONYMOUS AREA 83 EASTERN ONTARIO INTERNATIONAL**

Thank you to those Districts who have sent me the geographical boundaries of your district. If you have not done that, will you? If you are not sure if you sent it, please send it again. I'd rather have it twice rather than not at all.

I have been communicating by email with Charles, from the Toronto Intergroup Treatment Committee. I hope to attend the meeting there this month or next. Intergroup does a great work and I would like to work closer with them. I know that we can share experiences. To find Treatment literature, or information, go to aa.org. There is amazing information located there.

This weekend there is a Bridging the Gap workshop in Illinois. I did not attend, but have already been in contact with them and they will send me out the minutes and any/all information that comes out of that weekend. I will share that with you when I obtain it.

There have been a few concerns/requests about difficulties in compiling contact lists for Bridging the Gap contacts. In sharing with others, one suggestion is to use the group General Service Representatives as your contact list. The District can provide you a list of General Service Representative Contacts to use for this purpose. This way you have someone to contact. The General Service Representative you contact can handle the Bridging the Gap request themselves, or they can pass it on to a group member. A couple Districts have tried this approach, and it seems to be working well.

Congratulations to District 10 for coordinating a meeting in Covenant House. This is a youth facility, and as such has unique needs and requirements.

General Service Office in New York contacted me recently. Someone on staff at a hospital facility in District 26 contacted them. They passed the email on to me, and I passed it on to the Treatment Chair out in District 26. The request was to start up an AA meeting in that facility. It had once been there and had been discontinued. It was exciting to hear of someone in a facility coming to us for a meeting!

Last night I received a BtG request. As I was coming here this morning, I brought it with me. It has already been taken care of. To date, EVERY Bridging the Gap request that has come in has been followed up on. The response of the person we are contacting is not in our control. We put out our hand and leave the rest to that person and God. If we put our hand out, we are doing as the Responsibility Declaration states. I have not been turned down what I have passed on a Bridging the Gap request. Not once! Area 83 is alive and well and passionate about carrying the message! I answered an Accessibility Questionnaire from GSO, as some of you may have also. As a past District Accessibility Chair, and with Accessibility issues myself and I was pleased to participate.

Please continue to send me your District minutes. I enjoy reading about what is happening in your Districts. I can be contacted at [tf@area83aa.org](mailto:tf@area83aa.org).

Thank you for allowing me to serve! Sober sure is better!!

Ruth F., Treatment Chairperson - Panel 63 – Area 83 Eastern Ontario International

### **e) Grapevine Report**

***Heather M.***

I'm an alcoholic, member of Prince Edward Group, and currently serving as Area 83 Grapevine chair my name is Heather M.

I have received monthly newsletters from Grapevine. I have passed these onto the district chairs by email. You ought to have had these reported to you at your district meetings. I reported a new book to your Grapevine Representatives as well. "NO MATTER WHAT: DEALING WITH ADVERSITY IN SOBRIETY" Hopefully you are recording this information. A copy of the notice about this book will be included in the minutes.

I was invited to set up our display at the Recovery in the Sun Roundup in Toronto in July. In June, I set up and presented at the joint D26/28 Service Day. It was well received.

Pocket planner and wall calendar orders came by mail for d36 and d54. The rest I've received here:

513 pocket planners.

213 wall calendars

\$4172.25 total collected. Thank you to the districts and the groups for the support.

Your last shot at getting in on this order is to see me this Monday at Prince Edward with your district cheque. I will be at the left side of the stage.

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Someone asked why the prices were the same as on the website. Price, minus discount, plus exchange, plus tax makes it look like the bulk discount is a wash. Payments have been given to the treasurer. The order will be made. The bill will go to the treasurer who will pay it directly. Orders will arrive in time for fall assembly. Has everyone made their reservations?

Yours in Service,  
Heather M., Grapevine Chairperson - Panel 63 – Area 83 Eastern Ontario International

**[See Appendix B – New Grapevine Book]**

Questions/Comments:

Rob M., Area Treasurer indicated that if districts are sending money to the Area Treasurer for Grapevine orders to please indicate this on the cheque so that it is visible to him this is what the money is for.

**f) Self-Support Report**

**Jim A.**

Hello friends it's nice to be here with you again I am an alcoholic, member of the East York group in D18, and my name is Jim A. It is a pleasure to serve you as the Area 83 Chair of Self-Support

Not a lot has happened since we last met. I have ordered more birthday envelopes Self-Support kits and other literature. It will most likely arrive on Monday.

I am creating a database of the most Frequently Asked Questions (FAQ) that a district chair encounters. I suspect they are the same everywhere but a consistent answer everywhere will keep us on point about the message of service, the value of time, and the use of money. This survey will to the. District chairs shortly and. We will discuss the findings at the Kingston assembly Sunday morning gathering on the comfy chairs. Some issues I keep hearing about are scent free meetings, the spirit of rotation in groups with few members.

Thanks to Darlene K and her committee at the Vanier Round up June 8th. It was great to meet and work with one of the local Self-Support chairs. Rod your passion was so inspiring and a great day for all.

I had the honour of attending presenting and speaking at the July 6th service day put on by districts 42, 48, and 50. What a terrific setting for this event right on the shore of the St Lawrence and able to see Waddington NY straight across the river. We are International indeed! But one big family in unity.

And once more under one big family I had the pleasure of visiting the most recent Area Committee Meeting of area 86 in Windsor. I was treated like a long lost relative. And accused of being a spy too but lovingly. Service rocks there too and they have a very vibrant and enthusiastic table. Their Grapevine chair challenged the districts to pick up more literature and subscriptions and a few District Committee Members did report positively.

Looking forward to next Saturday for the District 22 service day and Sept 28 Fall Colours Round-up in Combermere. And Rob and I will share the podium at the assembly with a guest.

I would like to thank Mel for forwarding the AAWS highlights. It appears that GSO financial results are very close to budget.

And by the look of Robs latest financial statements Area 83 continues to enjoy great financial position currently having a 10.5 month reserve. Thanks to the groups and districts for that.

The financial data at the end of the General Service Conference report page 71 shows that Area 83 contributed \$6.29 per capita in 2012 and GSO calculates the cost of services per capita at \$6.43. Well done everyone we are almost there. That result came from 42.3% of our groups sown from 42.7% in 2011. That needs to change.

I look forward to be of assistance to the area Chairs and to the Districts.

Yours in love and service,  
James A., Self Support Chairperson - Panel 63 – Area 83 Eastern Ontario International

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**g) Archives Report**

**Gary C.**

Hi, Everyone. I am an Alcoholic, a member of the Stonewall Group in Peterborough in Kawartha District 86 and my name is Gary C. I have the honour and privilege of serving as your Area Archives Chair.

First, let me "clear away the wreckage of the past" so to speak. A clarification on what the NAAAW is, is in order. I quote from Michelle M., GSO Archivist: "The planning of the annual National A.A. Archives Workshop (NAAAW) is not connected with G.S.O. It is independently organized by the Area's host committee where the Workshop is held as well as in concert with members of NAAAW's Steering Committee. The GSO Archivist attends the Workshop as a guest and presents on the work of GSO Archives. It is an A.A. event, organized by A.A. members for A.A. members to share experience in doing service work in archiving." The 17<sup>th</sup> Annual NAAAW is coming up on Sept. 12 – 15 in Springfield, Illinois. The Theme is "Our Past and Beyond."

Also, in my last report I stated, correctly as of that date, that the Toronto Intergroup Archives Committee was planning an updated edition of The History of A.A. in Ontario for the 75<sup>th</sup> Anniversary in 2018. However, this decision was reversed at their very next meeting and this plan is currently nonexistent. Nonetheless, I encourage all District Archives to continue working on their District A.A. histories for the sake of passing on accurate information for future generations.

The Archives Workshop at the Fall Assembly Service Information Day will feature the History of Area 83. The Fall Assembly also features a new edition of the Area 83 Archives Newsletter.

In closing, David and I continue to be available for District Service Days and will certainly do our best to answer any archival questions you may have. We can be contacted through the Area website.

Let Gratitude Be Your Attitude,

Gary C., Archives Chairperson - Panel 63 – Area 83 Eastern Ontario International

**h) Service Information Day Report**

**Sue B.**

I am an Alcoholic, a member of the Parkwood Hills Group in Ottawa, and am currently serving District 62, Ottawa West, as their District Committee Member. My name is Sue B.

I'd like to introduce the committee: Robert B., District Committee Member, District 02 – Malton; Elaine H., District Committee Member, District 06 – Mississauga; Murray O., District Committee Member, District 18 – Toronto City East; Kimberley M., District Committee Member, District 26 – Lakeshore West; and Linda D., District Committee Member, District 34 – Quinte East.

The Fall Agenda has been finalized, and approved. All Chairpersons have been notified, and have accepted the workshops assigned to them. We have done our best to accommodate the three streams. With this being said, should the three streams continue in 2014, both Service Information Day's will be run the same way as they have been this year. In order to accommodate the three streams, there is a necessity to have shared workshops.

Just a reminder, with each Service Information Day, the Ontario East and West rooms are switched around for each Chairperson. This allows everyone the same opportunity to Power Point, and the Overhead Projector. The Service Information Day Committee has to have the Agenda into the Chairperson for approval eight weeks before the actual event. Please note that the Service Information Day Committee starts working on the Agenda approximately six weeks before it is due. Therefore, we cannot provide the information of what Workshops the Chairpersons will have, nor the time of that workshop, until approximately nine to ten weeks before the actual event.

Please inform your District's that we are planning an interesting day for all of you. Whatever the workshop will be, we believe you will find the day informative, interesting and fun. Please remind everyone in your District and Groups to book their rooms for Kingston soon, if they have not already done so.

Yours in Love and Service,

Sue B., Service Information Day Chair - Panel 63 – Area 83 Eastern Ontario International

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**7. Registrar's Report**

**Scott M.**

Greetings to all and a happy ending to the summer! I'm alcoholic, a member of the Bloordale Group in District 06 and my name is Scott M. Hi! It continues to be an honour & privilege to serve the fellowship in this manner as your Panel 63 Area Registrar.

The roll call for today is 16 Area Officers (including Webmaster & Area Archivist), 1 Immediate Past Delegate, 0 Past Delegates, 18 District Committee Members, 14 Alternate District Committee Members and 9 Visitors.

For voting purposes there are: 13 Area Officers eligible to vote (including 1 Immediate Past Delegate) and 20 District Committee Members or Alternate District Committee Members for a total of 33 votes. Total delegation for this meeting is 57 people & 1 newborn.

There continues to be no shortage of work relating to this position, as there are always changes and updates to be completed. Mirroring my last report in June, it is still a task to obtain accurate group membership counts so that our Area can do our part for AA as a whole and the next membership survey. Also, in order to not have as many unknown groups, it will be up to you, here, to attempt to contact or visit your District's unknown groups to investigate and report whether they are active or inactive. If they are still meeting, all we need is a contact name and they can have an active group status. Some may still be meeting and wish to be a service meeting instead. I ask that we work together to continue to reduce the number of unknown groups.

As a reminder, this terms' New Group forms and Group Information Change forms, updated with my address and contact email (registrar@area83aa.org) have been posted on our Area website (area83aa.org) under Resources and District Resources. As there have been some District Registrar position changes, please pass on to those new Registrars that these forms can be sent to me via email, fax or snail mail. If you are planning to fax documents, please call me first so I can have the machine turned on to receive your info. 905-454-5008

I also wanted to remind you all that there will not be a published directory this year for those that travel throughout U.S. and Canada so that G.S.O. can save costs. A copy of the current 2012-13 Canadian A.A. Directory is here with me today should anyone wish to borrow it.

Thank you to those Districts that send minutes. I do read them. For those that do not, I'd love to be added to your distribution list.

As this position entails collecting and sharing data, please send me your events (even though possibly not affiliated with your district but taking place within your geographic boundaries) so that I can add them to our Events Calendar in order to send these updates to you. I plan on sending this event calendar out again shortly, once it is updated.

Last, but not least, is the sharing of an email that I received from the GSO Records Dept. last Friday.

*Dear Registrars,*

*Warm greetings from the GSO. It is good to be in touch with all of you again. This past weekend at the regional forum held in West Virginia our General Manager, Phyllis H. provided updates on all that is going on at the GSO. One of the projects that she reported on was a "List Sharing Project with the Grapevine". Some of the Area Registrars in attendance expressed a desire to have been included in the announcement e-mail that was sent out to group contacts/GSRs and copied to DCMs and Delegates. To follow up with all registrars, I am sending to you a copy of the memo that was disseminated earlier this month. (see below)*

*This will be an ongoing project between the GSO and the Grapevine, so newly added GSRs or Primary group contacts with an e-mail address can expect to receive the attached e-mail within 3 months of being added to the FNV database. Contacts added to the database without an e-mail address will not receive this communication.*

*Please contact the Records department if you have any questions about this process.*

*Regards,  
Karen H.*

*Manager Administrative Services-GSO*



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**MEMORANDUM**

To: GSRs and Group Contacts

From: General Service Office

Date: August 6, 2013

Re: Grapevine and La Viña News Via Email

Warmest greetings from the General Service Office of Alcoholics Anonymous!

You are receiving this email because you are listed as the GSR or primary contact person for your group.

We are writing to let you know that you will be receiving an email from AA Grapevine, Inc. providing the opportunity to receive future quarterly updates about Grapevine and La Viña magazines and other items via email. The initial email notice will offer you the option to receive further information via email from AA Grapevine, Inc. If you opt to receive future mailings from AA Grapevine, Inc., all future emails will also provide the option to unsubscribe.

If there is no response to the initial request, a second opt-in notice will be sent. If there is no response to the second notice, AA Grapevine, Inc. will understand that you do not wish to receive Grapevine and La Viña information for your group via email, and will not contact you further.

Thank you for your service to your group and to A.A. – end of email.

Continuing to trudge the road of Registrar destiny. Again, thanks for the opportunity to serve.

Yours, in Love & Service,

Scott M., Registrar - Panel 63 – Area 83 Eastern Ontario International

Questions/Comments:

Robert B of District 02 asked for clarification about the when the Canadian Directory is being published and Scott confirmed there will not be any further publishing of the Directories until further notice.

John V. of District 58 said that he attends a group that takes attendance during their meeting in Ottawa. John asked Scott if he would like the General Service Representatives of the various groups to convey to the Area Registrar a monthly average of people attending these meetings. Scott, Area Registrar indicated this might be better done on a 6 month basis if they were to do this.

**8. TREASURER'S REPORT**

**Rob M.**

Hi friends. I'm an alcoholic, a member of the Kedron Group in District 28, and my name is Rob M. I have the privilege to serve Area 83 as your Treasurer.

In the District Committee Members mail folders I placed 3 Area 83 contribution envelopes. Please share these with your District and Group Treasurers for future contributions. Several of the envelopes are available on the side table, please help yourselves. Also in the District Committee Member mail folders, as well as the Area Committee Members folders I placed copies of the financial statement for the period ending September 2, 2013. Copies of these are available on the side table and I would like to go through the numbers now.

Page 1 is a financial summary. It shows our reserve account, which is set aside for unforeseen circumstances, has a balance of \$20,000 and is in the form of a Guaranteed Investment Certificate paying 1.5% interest maturing September 16<sup>th</sup>, 2014.

Total income for the period is \$35,985.78 and total expenses for the period are \$36,065.06. To date expenses are \$79.28 higher than income. Thank you to the 111 groups and 13 districts that have made financial contributions to Area 83. As of September 2, 2013 all cheques received were deposited and receipts along with return contribution envelopes were sent out.

The bank opening balance on January 1, 2013 was \$33,114.26. Total income of \$35,985.78 less expenses of \$36,065.06 leaves a balance in the operating account of \$33,034.98 as of September 2, 2013. The bank reconciliation has been done and the balance in the operating account is accurate.

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The second page shows details of expenses. Here we see an itemized breakdown of expenses for the period. The top section lists Committee Members expenses to date, and the bottom section lists all other expenses to date.

Page 3 shows contributions by District. These amounts include contributions from the District, as well as Groups within the District. The 7th Tradition today was **\$209.00**. Thank for your generous contributions.

Yours in Love and Service

Rob M., Treasurer - Panel 63 – Area 83 Eastern Ontario International

**[See Appendix A - Financial Statements]**

Questions/Comments:

It was expressed that Districts were very happy that the Area Treasurer included the list with district financial contributions and was helpful and well received by the General Service Representatives and is a great tool for them to bring back to their groups and show how they are doing and in relation to other districts.

### **9. SECRETARY'S REPORT**

**Tony A.**

Good day. I am an alcoholic, a member of the St Clements Group in District 10 and currently serve as your Panel 63 Secretary for Area 83 International and my name is Tony A.

All lists have been updated and are current according the information that I have received. Please go over your district roster to ensure accuracy and all filled positions are in fact correctly represented. When the vacant positions are filled, please report this to me promptly through a district change form. This is important so that area chairs can have the most up to date information to do their service work.

In the file bins, I have placed 2 copies of today's agenda, 3 copies of the area committee minutes from June 1, 2013 and your district roster as complete as the information that I have received to date. One district has requested that I eliminate entirely the paper copies of the information that I have already sent through email so I have obliged.

In about a week the Invitation Letters and Agendas for the 2013 Fall Area Assembly will be sent out by mail to each District Committee Member, Area Committee Chairs, Area Officers and Past Delegates. As I had indicated previously, I would like to try to send as much of this information through electronic email format and eliminate the postal method unless you would prefer me to mail them to you.

A number of districts have already replied to my email that I had sent out a few months ago requesting how they would like to receive their information and most are in favour of keeping it to email and eliminating the postal method. I am going to circulate a sheet that will ask you which method you would like me to send these invitation letters and agendas to you. Keep in mind these letters do get emailed to everyone. If you check the postal mail column this means that you will also get them mailed to you for distribution at your district table.

The email address to submit changes and secretary related queries is [secretary@area83aa.org](mailto:secretary@area83aa.org). The downloadable district change form is available on our area website under the district recourses tab. When submitting your committee reports, please remember to submit these in a Word formatted document as this makes for a smooth transcription process and I thank you in advance for this and for those who have submitted your reports to me already.

Please remember to get your report to me from today's meeting through email as soon as you can and continue to send me your district minutes as I enjoy reading them. There really isn't much more to report and I am delighted to have the opportunity and privilege to be of service and thank you for the trust that you have placed in me. See you in a few weeks at the Fall Area Assembly. Perhaps you can make some time to come to the workshop that Scott and I will present during the secretary/registrar workshop at our Service Information Day on the Saturday.

Yours in love and service,

Tony A., Secretary - Panel 63 – Area 83 Eastern Ontario International

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**10. ALTERNATE DELEGATE'S REPORT**

**Joyce S.**

Hello, everyone. I am an alcoholic, a member of the Hill Group in District 12 - Toronto Southwest and my name is Joyce. It is also my honour and privilege to serve Area 83 as the Panel 63 – Alternate Delegate.

I hope everyone has had a great summer and I plan on being optimistic and say the weather is still going to be nice. The summer has been fairly quiet service wise. However, I did participate in the following area events:

- 1) Spoke on service at the Morrisburg, District 42, 48 & 50 Service Day on Saturday, July 6, 2013. It was a great day with presenters, followed by a Bar-B-Q. What a great idea and I thank the 3 District Committee Members for the invitation. District 48 hosted and did an excellent job, with a great turnout!
- 2) The following weekend, Mel and I attended the District 78 - Madawaska Valley service day where I was asked to speak about Remote Communities. Again, this was very nicely programmed with a great turnout.

For upcoming events I have scheduled the following:

- I have been asked by the committee for the District 02 to participate in their service day on Saturday, November 2<sup>nd</sup>
- Invited by District 14 to facilitate their District Inventory on Monday, November 11, 2013.
- The next Remote Communities conference call is not until, Monday, September 16<sup>th</sup>. However, the Service Information Day Committee has invited me to facilitate a Remote Communities workshop at the upcoming assembly, which I look forward to it.

I would like to thank you for the opportunity to serve Alcoholics Anonymous in Area 83. I look forward to seeing you at the fall assembly.

Please continue to have your District Secretaries send me your minutes as I enjoy reading them.

Yours in Love and Service,  
Joyce S. Alternate Delegate - Panel 63 – Area 83 Eastern Ontario International

Questions/Comments:

James O'D. of District 10 asked if there was any movement on initiative for the teleconferencing in Area 85? Joyce expressed that she has been communicating with Dianne D, Chair of Remote Communities Initiative in Area 85 recently. Dianne expressed that our volunteers from Area 83 have not heard anything from us. She hesitates to promote our initiative if we are not going to contact our volunteer. Joyce also asked when the district's were contacted did they advise when the next teleconferencing was being scheduled. Louise T indicated that she was in fact contacted but has not heard back. Joyce said that she will follow up with Dianne as there is some conflicting information.

**11. DELEGATE'S REPORT**

**Mel C.**

Hello everyone, my name is Mel. I am an alcoholic, a member of The Hill Group in District 12, Toronto Southwest and I currently serve the fellowship as Delegate for Area 83, Eastern Ontario International. Good to be here, good to be sober!

**Recent Activities:**

June 8 - Ottawa D54, D58, D62 SID Delegate's Report  
June 23 - Peterborough D26, D28 SID Delegate's Report  
July 6 - Morrisburg D42, D48, D50 SID Delegate's Report  
July 13 - Barry's Bay D78 SID Delegate's Report  
Aug. 10 - Lakeshore Conference - Spoke, Participated as Delegate

# **ALCOHOLICS ANONYMOUS AREA 83 EASTERN ONTARIO INTERNATIONAL**

## **Elections**

### **Director AAWS:**

We experienced a call-out for a Non-Trustee Director of A.A.W.S. during the summer. The deadline for submission of resumes was July 15, 2013. I advertised this fact to all Area Committee members and any others I could think of that might have an interest. I am not aware of anyone responding.

### **Director Grapevine:**

We experienced a call-out for a Non-Trustee Director of The Grapevine during the summer. The deadline for submission of resumes is next Monday, September 9, 2013. I advertised this fact to all Area Committee members and any others I could think of that might have an interest. I am not aware yet of anyone responding.

### **Eastern Canada Regional Trustee Vacancy:**

We will be holding an election at our Fall Assembly to choose Area 83's candidate for Eastern Canada Regional Trustee. Donald C. of course will be rotating in 2014. Again, I distributed broadly the material around the requirements of the position and hope we have an exciting slate of Area 83 members who let their names stand. All 10 Areas of Eastern Canada will hopefully produce their candidate and at the Conference in 2014, we will choose who the next Eastern Canada Regional Trustee will be. It is all very exciting - especially the election process.

## **ODC - Ontario Delegate's Meeting**

It is our honour to host the Ontario Delegates Meeting next year (2014). It will be held in Toronto in February. Joyce and I are working hard to organize an interesting weekend that will be informative and fun. For those not completely familiar with this event, the Delegate and Alternate Delegate of the four Ontario Areas (83, 84, 85 and 86) and certain others meet just prior to the GSC to discuss issues of mutual concern, to practice presenting various topics we have to present in front of the Conference and to generally be instructed by those that have gone before on proper etiquette and procedure.

Of note: at last year's Conference, an agenda item (for the Report and Charter committee) was to change Area 84 from an Odd numbered Panel to an Even numbered panel and it was approved by the Conference. As such, we will now have 2 Delegate's each term rotating out whereas in the past we had either 1 or 3 rotating.

Anyway - the Ontario Delegates Committee rotates between Areas, 2014 is our turn and all will be welcome to come and observe. We're trying to make that as convenient as possible and hope to see a nice crowd. We will keep you all posted.

## **CERAASA:**

- We are now a committee of 29 with 3 Chairs chosen to date, Chairperson, Secretary and Treasurer.
- I polled all DCM's asking for their opinion on whether the city they were closest to would be a good city to hold CERAASA in and whether they would like to recommend it and participate - three replied. All have now been given the opportunity.
- We will pick a host city soon and the rest of the committee chairs will fill out.

## **Delegate Discussions:**

There have been a number of "Delegate Discussions" on various topics over the summer and as such I have accumulated a wealth of information on various thinking and methods other Areas use to make A.A. work for them. This is usually where one Delegate shouts out for shared experience on a topic and other Delegate's reply with their Area's experience. I would be happy to share any of that information with anyone who is interested. Some of the topics included:

- Spanish translation of A.A. material - how do Area's handle?
- What kind of privileges are given former (Past) Delegates?
- How are "Special Needs / Accessibility" committees handled in our Area?
- What and how much financial information are put on our websites?

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**Newsletter out Sept. 16, 2013**

I plan for the newsletter to be out in the third week of September - look for it!

As always, thank you for this opportunity to serve, are there any questions?

Sincerely,

Mel C., Delegate - Panel 63 – Area 83 Eastern Ontario International

Questions/Comments:

Robert B. of District 02 asked if the CERAASA committee is full. Mel said that he put out the call and gave a date but said that we wanted to still be on the CERAASA committee to contact him by email.

John V. of District 58 asked if there was a submission deadline for the city of choice to host CERAASA. Mel said there is not an actual deadline but should move on this in the next week or so.

Gary O. Area Corrections asked if all 29 CERAASA committee part of the decision making on the rotation of the conference? Mel indicated the composition of the committee they will make a choice on where the conference will be hosted.

\*\*\*\*\*

**Chairperson: At this point in the agenda, I would like to recommend that we move to 2/3 majority.**

Motioned: John V., District Committee Member of District 58  
Seconded: Robb W., Immediate Past Delegate  
Discussion: None  
**Vote: Carried Unanimously**

## **12. OLD BUSINESS**

**a) Re-appointment of Archivist David T. for Disapproval**

**Kim S., Area 83 Chairperson**

Kim stated this motion was tabled from our last area committee meeting and was being brought forward for disapproval during today's meeting. With consultation with the Area Committee, Kim S., put forward David T.s name for disapproval for the position of Area 83 Archivist.

**Approved Unanimously**

## **13. NEW BUSINESS**

**a) Motion to change the wording in our Operating Procedures (October 2012), Page 6**

**Mel C., Alternate Delegate**

I move we change the wording in our Operating Procedures (October 2012), Page 6 from existing wording:

### **AREA ARCHIVIST**

To be appointed (or re-appointed) for a three year term by the Area Committee, on a recommendation of the Area 83 Chairperson after consultation with the Area Archives committee. Resumes for consideration shall be submitted to the Area 83 Chairperson.

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The Archivist is the traditional trustee of the Area's memorabilia and shall supply advice and consultation, when requested, to all Archives Committees in the Area with respect to the preservation and cataloguing of local archival materials in accordance with the Workbook for Archives. The Archivist, a non-voting appointed committee member will report to the Area Archives committee regularly, and the Assembly as necessary about new material received and give updates about ongoing projects (the report will be presented by the Archivist as a supplement to the Area Archives Chairpersons report).

Attendance at Area Committee is voluntary, while attendance at Assembly is expected. The Archivist may attend the annual North American Archives meeting upon the approval of the Area Committee. The Archivist shall work in conjunction with the Area Archives chairperson and committee in presenting rotating archival displays at each assembly. All expenses, including but not limited to transportation, crating, travel expense (including room and meals for the Archivist), shall be paid by the requesting party or organization.

NOTE: It is recommended that any unexpected expenses (those not associated with assemblies, The Eighty-Three (archives newsletter), the annual North American Archives Workshop or the Area 83 Archives Workshop) incurred by the Archivist and not covered by requesting parties or organizations shall be charged to the Area. A separate line-item on the Area Spending Guidelines and Expense worksheet shall reflect expected Archivist expenses.

To proposed new wording:

### **AREA ARCHIVIST**

To be appointed (or re-appointed) for a three year term (maximum two terms) by the Area Committee, on a recommendation of the Area 83 Chairperson after consultation with a nominating committee composed of the Archives Chair, Delegate, Alternate Delegate and Secretary. The Area Chair may call for resumes at any time. The Chairperson's recommendation to the Area Committee will take the form of a tri-annual presentation for disapproval, occurring at the Area Committee Meeting closest to the end of each Archivist three year term.

The Archivist is a non-voting, appointed Archives committee member available to the fellowship for technical assistance in archival matters. Attendance at Area Committee meetings is voluntary while attendance at Area Assembly is expected. Archivist expenses will be approved by the Archives Chair before or as incurred and will be reflected in the Area Spending Guidelines and Expense worksheet under the Archives Chair line-item. The Archive Chair will recommend to the Area Committee Archivist training or travel if, as and when the Chair feels appropriate.

Seconded by: Linda D., District Committee Member of District 34

When Mel spoke to the motion he also suggested additional wording changes to the original motion brought forward to the Area Committee. This was seconded by Joyce S., Alternate Delegate and unanimously approved.

It was further mentioned by Rob M. Area Treasurer to make an additional friendly amendment to the motion. Mel agreed and a vote was taken and all but 1 agreed. Original motion was further amended.

#### **Questions/Comments:**

Ruth F. Area Treatment Chair: Commented that the Archives Chair and Area Archivist (has more technical expertise) are 2 totally different positions and this might put a lot of pressure on the Area Archivist Chair on how telling the Area Archivist on what to do and might make this more difficult.

Gary C. Area Archives Chair: Would prefer that a decision like this would go through an Ad Hoc Committee to look at more closely than to make a quick decision during an Area Committee Meeting. This Ad Hoc Committee review process could also be applied to the positions of Area Webmaster and Alternate Area Webmaster.

Robert B. District Committee Member of District 02: Asked if this now meant that the decision to fund the Area Archivist to attend the NAAWS workshop would now be left up to the Area Archives Chair? Mel confirmed that this was not going to be the case and the Archives Chair would only recommend the training to the Area Committee.

Murray O. District Committee Member of District 18: Suggested this is a very specialized position and is there some sort of provision made so the existing Area Archivist would stay on until we found a suitable and qualified person to fill the position? Is there a mechanism in place for this? He also mentioned that he was in support of the motion.

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John V., District Committee Member for District 58: Indicated that we do not make special considerations for other positions i.e. secretary, treasurer, registrar and these are reasonably technical positions as well.

Jim S., Alternate District Committee Member of District 66: Agrees with the Archives Chair in that we should have an Ad Hoc Committee to look at this and bring forward recommendations to the Area Assembly.

Dan N., Cooperation with Professional Community Chair: Agreed that if the Archives Chair has reservations with the motion and is uncomfortable with it, perhaps the motion should be deferred until it has been thoroughly reviewed.

Vote: 15 in favour, 12 opposed, 2 abstained

**Motion: Defeated (needed 19 for a 2/3 majority)**

- b) Motion to remove the line items which read DCM District 04 - Humber and DCM District 46 - St. Lawrence Adirondack from Appendix B – List of Eligible Candidates on Page 38 from the Area 83 Operating Procedures.**  
**Tony A., Area 83 Secretary**

Seconded by: Jim S., Alternate District Committee Member of District 66

Ruth F., Area Treatment Chair: Asked if we have been able to contact anybody in District 46? Kim S., Area Chair advised that a letter was given years ago when Dot D. was Delegate asking us to remove us from Area 83 and they have not been back with us since Dot was Delegate

Jim A. Area Self-Support Chair: Asked if these were the only records (districts) that needed to be changed? Tony confirmed that there was none others that was noticed at that time.

Murray O., District Committee Member of District 18: Perhaps we change the wording in the Operating Procedures to indicate all current districts rather than specifically naming each specific district. This would eliminate the need in having to remove them in the future and to have more of a general statement and we would no longer need to do this again.

Vote: 27 in favour, 3 opposed, 1 abstained

**Motion: Carried**

**This motion will be placed as an agenda item for the Fall 2013 Area Assembly.**

- c) Motion that the Area Chair appointed create an Ad Hoc committee of 3 or 4 members to review our operating guidelines with respect to all appointed positions and make the recommendations to this committee.**  
**Gary C., Area Archives Chair**

Seconded by: Michael C., District Committee Member of District 48

Heather M., Area Grapevine Chair: We spend a lot of time at the Area Committee doing nothing but playing with our Operating Procedures. Instead of having an Ad Hoc committee just looking at these particular issues, we form an Ad Hoc Committee that will look at the entire document and bring recommendations for all of the changes.

Joyce , Alternate Area Delegate: Indicated this was the one and only recommendation that was given during her outgoing rotation for the simple reason that the Operating Procedures were changed 4 times during that period.

Mel, Area Delegate: Advised us this is why we are here as an Area Committee is to in fact look at these things and we are the steering committee of our Area and we are the group conscience of our area. Our Area Procedures is the written group conscience of our area. Also, to have such a broad mandate to re-assess our Operating Procedures by an Ad Hoc Committee would not be advise in his opinion due to the complexity of this.

Murray O. District Committee Member of District 18: Also agreed that it might be better to only restructure the Operating Procedures document.

Vote: 10 in favour, 21 opposed, 0 abstained

**Motion: Defeated**

**ALCOHOLICS ANONYMOUS  
AREA 83 EASTERN ONTARIO INTERNATIONAL**

The Area Chair also suggested that an Ad Hoc committee is formed to specifically look at the Service Information Day guidelines and asked if the Area Committee was in favour of this? The Area Committee was in full agreement.

**14. SHARING – WHAT'S ON YOUR MIND?**

Maire O'B. will celebrate a 25 year medallion tomorrow at the Sunday Northwestern Group. Deirdre B. will celebrate a 30 year medallion at the Rexdale United Group on October 12, 2013. Murray O. will be celebrating his 10 year medallion at the East York Group on September 24, 2013. Bryan D. will celebrate a 35 year medallion on November 17, 2013 at the Sunday Scarboro Group. Murray O. suggested that we take to our membership the Grapevine including a section called Alcoholism at Large (Grey Pages) – has a long history of being in and being out of the Grapevine...it is now creeping back in and advised that the membership should have a look at this. Mel C. of the Hill Group will celebrate 14 years on September 12. James O. D suggested that we do something about all of the paper that is distributed at the area committee meetings and assemblies. Lizzo announced TOYPAA will be having their elections next Sunday .

**15. NEXT AREA COMMITTEE MEETING**

**Kim S. – Area Chairperson**

I would recommend the next committee meeting be held here at Quinte West on **January 4, 2014**. Would someone be willing to make a motion to that effect?

Moved: Murray O., District Committee Member of District 18  
Seconded: Sandra B., District Committee Member of District 86  
Vote: Unanimously in favour  
**Motion: Carried**

***Just a reminder that the Fall Assembly is October 25, 26 & 27, 2013.***

**16. CLOSING**

It is now 2:26 pm and I would like to thank everyone for their participation today and wish you all a safe drive home. Please keep in your prayers and during our closing's moment of silence Tim D who is back in the hospital with cancer and is not doing very well at this time. May I have a motion to end this meeting?

Motioned: Tony A., Area 83 Secretary  
Seconded: Rob M., Area 83 Treasurer  
Vote: Unanimously in favour  
**Motion: Carried**

**CLOSED WITH THE RESPONSIBILITY DECLARATION:**

**I AM RESPONSIBLE...  
WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP,  
I WANT THE HAND OF A.A. ALWAYS TO BE THERE.  
AND FOR THAT: I AM RESPONSIBLE.**



**ALCOHOLICS ANONYMOUS  
AREA 83 EASTERN ONTARIO INTERNATIONAL**

## Appendix A – Financial Statements

| <b>RESERVE ACCOUNT</b>          |  | Actual           |
|---------------------------------|--|------------------|
| January 1, 2013 Opening Balance |  | 20,000.00        |
| Interest                        |  | 0.00             |
| Transfer to Operating Account   |  | 0.00             |
| <b>RESERVE ACCOUNT BALANCE</b>  |  | <b>20,000.00</b> |

| <b>INCOME</b>                       |                     |                  |
|-------------------------------------|---------------------|------------------|
| 7th Tradition                       |                     | 2,925.30         |
| Cost Recoveries                     |                     | 294.70           |
| Flow Through to GSO                 |                     | 1,807.00         |
| Grapevine Seasonals                 |                     | 0.00             |
| Group & District Contributions      |                     | 30,958.78        |
|                                     | <b>TOTAL INCOME</b> | <b>35,985.78</b> |
| TRANSFERS FROM RESERVE              |                     | 0.00             |
| <b>TOTAL INCOME &amp; TRANSFERS</b> |                     | <b>35,985.78</b> |

| <b>EXPENSES</b>                  |                                 |                  |
|----------------------------------|---------------------------------|------------------|
| Accommodations                   |                                 | 3,665.16         |
| Meals                            |                                 | 5,700.77         |
| Travel                           |                                 | 9,257.86         |
| Long Distance                    |                                 | 8.86             |
| Postage                          |                                 | 253.48           |
| Printing                         |                                 | 1,133.74         |
| Literature                       |                                 | 994.90           |
| Stationery                       |                                 | 380.67           |
| Miscellaneous                    |                                 | 1,907.47         |
| Area Web Site                    |                                 | 98.39            |
|                                  | <b>Total Committee Expenses</b> | <b>23,401.30</b> |
| Ad Hoc Committees                |                                 | 0.00             |
| Area Contribution to GSO         |                                 | 0.00             |
| Area Committee Meetings          |                                 | 602.50           |
| General Service Conf. Assessment |                                 | 6,949.13         |
| Bank Service Charges             |                                 | 99.72            |
| Forums/CERAASA                   |                                 | 1,696.95         |
| Grapevine Seasonal               |                                 | 0.00             |
| GSO Flow Through                 |                                 | 1,807.00         |
| Ontario Delegate's Conference    |                                 | 1,508.46         |
|                                  | <b>Total Other Expenses</b>     | <b>12,663.76</b> |
| <b>TOTAL EXPENSES</b>            |                                 | <b>36,065.06</b> |

| <b>OPERATING ACCOUNT</b>              |  |                  |
|---------------------------------------|--|------------------|
| Opening Balance as of January 1, 2013 |  | 33,114.26        |
| Total Income & Transfers              |  | 35,985.78        |
| Total Expenses                        |  | (36,065.06)      |
| <b>OPERATING ACCOUNT BALANCE</b>      |  | <b>33,034.98</b> |

# ALCOHOLICS ANONYMOUS AREA 83 EASTERN ONTARIO INTERNATIONAL

Area 83 Eastern Ontario International  
Details of Expenditures  
As at 9/3/2013

| Position                  | Accommodations     | Meals              | Travel              | Long Distance  | Postage          | Printing           | Literature       | Stationery       | Misc.              | Total               | Annual Guideline    | Balance +/-         | YTD Usage     |
|---------------------------|--------------------|--------------------|---------------------|----------------|------------------|--------------------|------------------|------------------|--------------------|---------------------|---------------------|---------------------|---------------|
| Delegate                  | 352.47             | 388.42             | 1,911.41            | -              | 13.33            | 30.51              | -                | -                | 65.44              | 2,761.58            | 2,920.00            | 158.42              | 94.57%        |
| Alt. Delegate             | -                  | 116.76             | 618.10              | -              | -                | -                  | 44.12            | 58.75            | -                  | 837.73              | 2,310.00            | 1,472.27            | 36.27%        |
| Immediate past Delegate   | -                  | -                  | 346.50              | -              | -                | -                  | -                | -                | -                  | 346.50              | 1,130.00            | 783.50              | 30.66%        |
| Chairperson               | -                  | 112.82             | 455.00              | -              | -                | -                  | -                | -                | -                  | 567.82              | 1,420.00            | 852.18              | 39.99%        |
| Secretary                 | -                  | 152.45             | 179.60              | -              | 95.72            | 662.29             | -                | 178.63           | 19.20              | 1,287.89            | 3,660.00            | 2,372.11            | 35.19%        |
| Treasurer                 | -                  | 90.00              | 343.00              | -              | 142.43           | 147.24             | -                | 18.80            | 4.52               | 745.99              | 1,800.00            | 1,054.01            | 41.44%        |
| Registrar                 | -                  | 115.60             | 427.00              | -              | -                | 116.33             | -                | 91.50            | -                  | 750.43              | 1,530.00            | 779.57              | 49.05%        |
| Area Web Site/Webmaster   | 219.22             | 125.00             | 504.70              | -              | -                | -                  | -                | -                | 98.39              | 947.31              | 1,250.00            | 302.69              | 75.78%        |
| Archives                  | -                  | 59.63              | 954.80              | -              | -                | -                  | -                | -                | 446.40             | 1,460.83            | 1,870.00            | 409.17              | 78.12%        |
| Archivist                 | 219.22             | 115.85             | 577.15              | -              | -                | -                  | -                | -                | -                  | 1,015.62            | 1,670.00            | 654.38              | 60.82%        |
| Cooperation with the P.C. | -                  | 35.32              | 105.25              | -              | -                | 103.40             | -                | -                | 100.31             | 240.88              | 1,370.00            | 1,129.12            | 17.58%        |
| Corrections Facilities    | 134.00             | 174.14             | 910.70              | 8.86           | -                | -                  | -                | 16.47            | -                  | 1,244.17            | 1,230.00            | -14.17              | 101.15%       |
| Grapevine                 | -                  | 100.80             | 227.50              | -              | -                | -                  | -                | -                | -                  | 328.30              | 1,270.00            | 941.70              | 25.85%        |
| Public Information        | -                  | 77.50              | 382.18              | -              | -                | -                  | 530.59           | 16.52            | -                  | 1,006.79            | 1,370.00            | 363.21              | 73.49%        |
| Self Support              | -                  | 95.90              | 995.82              | -              | 2.00             | -                  | 31.09            | -                | -                  | 1,124.81            | 1,270.00            | 145.19              | 88.57%        |
| Treatment Facilities      | -                  | 74.11              | 319.15              | -              | -                | 27.24              | 207.12           | -                | 6.00               | 633.62              | 1,270.00            | 636.38              | 49.89%        |
| Service Info Day Cmte     | 328.83             | 368.84             | -                   | -              | -                | 46.73              | 181.98           | -                | -                  | 926.38              | 4,500.00            | 3,573.62            | 20.59%        |
| Spring Assembly           | 2,411.42           | 3,497.63           | -                   | -              | -                | -                  | -                | -                | 1,265.60           | 7,174.65            | 7,200.00            | 25.35               | 99.65%        |
| Fail Assembly             | -                  | -                  | -                   | -              | -                | -                  | -                | -                | -                  | -                   | 7,200.00            | 7,200.00            | 0.00%         |
| <b>COMMITTEE EXP.</b>     | <b>\$ 3,665.16</b> | <b>\$ 5,700.77</b> | <b>\$ 9,257.86</b>  | <b>\$ 8.86</b> | <b>\$ 253.48</b> | <b>\$ 1,133.74</b> | <b>\$ 994.90</b> | <b>\$ 380.67</b> | <b>\$ 2,005.86</b> | <b>\$ 23,401.30</b> | <b>\$ 46,240.00</b> | <b>\$ 22,838.70</b> | <b>50.61%</b> |
| Adhoc Committees          | -                  | -                  | -                   | -              | -                | -                  | -                | -                | -                  | -                   | 50.00               | 50.00               | 0.00%         |
| Area Committee            | -                  | -                  | -                   | -              | -                | -                  | -                | -                | 602.50             | 602.50              | 700.00              | 97.50               | 86.07%        |
| GSO Contributions         | -                  | -                  | -                   | -              | -                | -                  | -                | -                | -                  | -                   | 2,250.00            | 2,250.00            | 0.00%         |
| Bank Charges              | -                  | -                  | -                   | -              | -                | -                  | -                | -                | 99.72              | 99.72               | 150.00              | 50.28               | 66.48%        |
| Forums/CERAAASA           | -                  | -                  | 775.69              | -              | -                | -                  | -                | -                | 25.00              | 1,696.95            | 1,680.00            | -16.95              | 101.01%       |
| Grapevine Seasonal        | 755.74             | 140.52             | -                   | -              | -                | -                  | -                | -                | -                  | -                   | 4,000.00            | 4,000.00            | 0.00%         |
| GSO Assessment            | -                  | -                  | -                   | -              | -                | -                  | -                | -                | 6,949.13           | 6,949.13            | 6,950.00            | 0.87                | 99.99%        |
| GSO Flow Through          | -                  | -                  | -                   | -              | -                | -                  | -                | -                | 1,807.00           | 1,807.00            | 300.00              | -1,507.00           | 602.33%       |
| Ont Delegates Conf.       | 519.80             | 181.03             | 807.63              | -              | -                | -                  | -                | -                | -                  | 1,508.46            | 1,500.00            | -8.46               | 100.56%       |
| <b>OTHER EXPENSES</b>     | <b>\$ 1,275.54</b> | <b>\$ 321.55</b>   | <b>\$ 1,583.32</b>  | <b>\$ -</b>    | <b>\$ -</b>      | <b>\$ -</b>        | <b>\$ -</b>      | <b>\$ -</b>      | <b>\$ 727.22</b>   | <b>\$ 12,563.76</b> | <b>\$ 17,580.00</b> | <b>\$ 4,916.24</b>  | <b>72.04%</b> |
| <b>TOTAL EXPENSES</b>     | <b>\$ 4,940.70</b> | <b>\$ 6,022.32</b> | <b>\$ 10,841.18</b> | <b>\$ 8.86</b> | <b>\$ 253.48</b> | <b>\$ 1,133.74</b> | <b>\$ 994.90</b> | <b>\$ 380.67</b> | <b>\$ 2,733.08</b> | <b>\$ 36,065.06</b> | <b>\$ 63,820.00</b> | <b>\$ 27,754.94</b> | <b>56.51%</b> |

| Sept 2, 2013                           |                 |                    |                   |
|--|-----------------|--------------------|-------------------|
|  | Income To Date  | YTD 2012           | Change            |
| Income To Date                         | 35,985.78       | 34,132.53          | 1,853.25          |
| Expenses To Date                       | 36,065.06       | 37,486.15          | - 1,421.09        |
| <b>Net Change To Operating Account</b> | <b>-\$79.28</b> | <b>-\$3,353.62</b> | <b>\$3,274.34</b> |

| Income Summary      |                     |  |  |
|---------------------|---------------------|--|--|
| Sept 2, 2013        |                     |  |  |
| 7th Tradition       | 2,925.30            |  |  |
| Bank Interest       | -                   |  |  |
| GSO Flow through    | 1,807.00            |  |  |
| Contributions       | 30,958.78           |  |  |
| Cost recoveries     | 294.70              |  |  |
| Grapevine Seasonals | -                   |  |  |
| <b>Total Income</b> | <b>\$ 35,985.78</b> |  |  |

**ALCOHOLICS ANONYMOUS  
AREA 83 EASTERN ONTARIO INTERNATIONAL**

|   |
|---|
| <b>GROUP &amp; DISTRICT CONTRIBUTIONS TOTAL</b> |
|---|

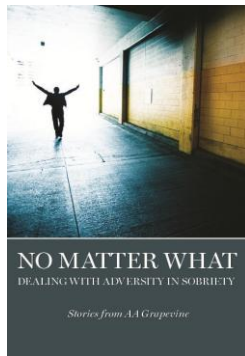
|                                |
|--------------------------------|
| <b>AS AT September 2, 2013</b> |
|--------------------------------|

|                          |    |                            | <u>TOTAL</u>     |                           |
|--------------------------|----|----------------------------|------------------|---------------------------|
| District                 | 00 | Unknown                    | -                |                           |
| District                 | 02 | Malton                     | 981.68           |                           |
| District                 | 06 | Mississauga                | 1,550.00         |                           |
| District                 | 10 | Toronto South Central      | 3,917.32         |                           |
| District                 | 12 | Toronto South West         | 688.20           |                           |
| District                 | 14 | Toronto North Central      | 2,311.00         |                           |
| District                 | 16 | Hispano De Toronto         | 204.31           |                           |
| District                 | 18 | Toronto City East          | 3,426.00         |                           |
| District                 | 22 | Scarborough                | 935.00           |                           |
| District                 | 26 | Lakeshore West             | 1,123.75         |                           |
| District                 | 28 | Lakeshore East             | 1,250.48         |                           |
| District                 | 30 | Quinte West                | 700.00           |                           |
| District                 | 34 | Quinte East                | 840.00           |                           |
| District                 | 36 | Kingston And The Islands   | 780.00           |                           |
| District                 | 38 | Thousand Islands           | -                |                           |
| District                 | 42 | St. Lawrence International | 158.14           |                           |
| District                 | 46 | St. Lawrence Adirondack    | -                |                           |
| District                 | 48 | Seaway Valley North        | 450.00           |                           |
| District                 | 50 | Cornwall                   | 442.50           |                           |
| District                 | 54 | Ottawa Rideau              | 2,550.00         |                           |
| District                 | 58 | Ottawa Bytown              | 190.00           |                           |
| District                 | 62 | Ottawa West                | 667.87           |                           |
| District                 | 66 | Golden Triangle            | 2,880.00         |                           |
| District                 | 70 | Renfrew Pontiac            | 325.00           |                           |
| District                 | 74 | Pembroke                   | 300.00           |                           |
| District                 | 78 | Madawaska Valley           | 600.00           |                           |
| District                 | 82 | Victoria Haliburton        | 2,050.00         |                           |
| District                 | 86 | Kawartha                   | 1,637.53         |                           |
| Total Contributions YTD: |    |                            | <u>30,958.78</u> |                           |
| Total from Groups        |    |                            | 20,924.93        | 111 Groups Contributing   |
| Total from Districts     |    |                            | 10,033.85        | 13 Districts Contributing |
| Total Contributions YTD: |    |                            | <u>30,958.78</u> |                           |

Appendix B – New Grapevine Book: “NO MATTER WHAT:  
DEALING WITH ADVERSITY IN SOBRIETY”



**AAGRAPEVINE ANNOUNCES**  
**“NO MATTER WHAT: DEALING WITH ADVERSITY IN SOBRIETY”**



SEPTEMBER, 2013 NEW YORK, NY, **AAGRAPEVINE**, the international monthly journal of Alcoholics Anonymous, has published the new book: “No Matter What: Dealing with Adversity in Sobriety.”

**No Matter What:** Stories from AA Grapevine – Soft cover  
Print version: (GV31) \$10.99, \$10.50 for 5 or more copies

The stories in this book show how AA members use the tools of the program and embrace the Fellowship to deal with tough issues. All recovering alcoholics have had to deal with adversity throughout sobriety ... a serious illness, an ugly divorce, the death of a child, the loss of a house to fire or to the bank. Despite the fear, pain or self-pity we are in when these tragedies strike, drinking is not an option.

To order either book or any other product from our collection, visit us at [AAGrapevine.org](http://AAGrapevine.org) and click on Store or call (800) 631-6025 US/Canada, (818) 487-2091 International, or fax us at (818) 487-4550.

Discount: 20% discount for orders of \$500.00 or more.

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