

SELF SUPPORT and YOUR SEVENTH TRADITION CONTRIBUTIONS

Carrying the Message
Beyond Your Home Group



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Area 83 Eastern Ontario International

Our 7th Tradition states:

“Every AA group ought to be fully self-supporting, declining outside contributions”.

HISTORY OF OUR 7TH TRADITION

1935 - 1937

Bill & Bob spend time carrying the message (financially they were broke)

1937

Bill asks for \$50,000 from John D. Rockefeller Jr. Instead, \$5000 was given to pay mortgages & legal fees to create The Alcoholic Foundation

1940

AA Fundraiser Banquet - Rockefeller donates \$1000; others donate less

1941

New York office asks groups to contribute \$1/member/year to support and assist them in replying to appeals for help from alcoholics

1945

The Alcoholic Foundation writes to John D. Rockefeller Jr. & guests that AA no longer needs their financial help - Big Book royalties will look after Dr. Bob & Bill, and group contributions will cover office expenses.

This ends all 'outside contributions' to AA. (Monies received from Rockefeller and guests were repaid out of Big Book income that year.)

Self support starts at your Home Group



THE GROUPS



Districts and DCMs

Area Assemblies

Delegates to General Service Conference



A.A.W.S. General Service Board Grapevine

We have no
dues or
fees...

but,

We do have
expenses....

Group Expenses

- meeting space
- coffee & snacks
- literature, pins,
meeting books
- GSR expenses for
Area Assemblies
- Prudent Reserve

Prudent Reserve

**set aside

1 to 3

Months

of group operating
expenses

Where does 7th Tradition Money Go?

Group	District	Area	GSO
Meeting space	Meeting space	Meeting space	Office space
Coffee & snacks	Coffee	Area Assembly expenses	Staff salaries Email/phone response
Literature, pins, meeting books, pamphlets	Literature to treatment/corrections centers & professionals	Delegate expenses to attend General Service Conference in New York	Website fees Big Book publishing Literature to treatment & correction centers, loners, professionals
GSR expenses for Area Assemblies	District member expenses for Area Assemblies		
Intergroup Phone & internet service, website fees Up-front literature purchases Office space, staff salaries			

SELF-SUPPORT:

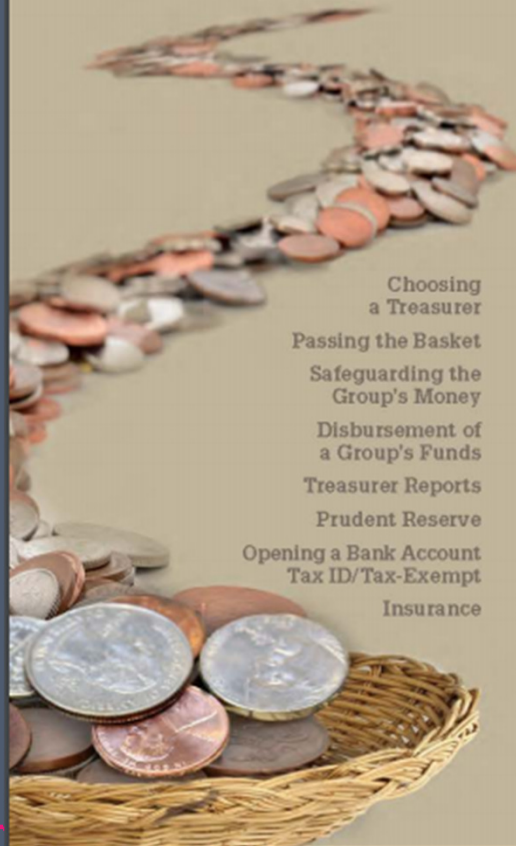
Where
Money &
Spirituality
Mix



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The **A.A.**
Group
Treasurer



- Choosing a Treasurer
- Passing the Basket
- Safeguarding the Group's Money
- Disbursement of a Group's Funds
- Treasurer Reports
- Prudent Reserve
- Opening a Bank Account
- Tax ID/Tax-Exempt
- Insurance

**T
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The **A.A.** Group
...where it all begins



How a group functions.
How to get started.

This is A.A. General Service Conference-approved literature.

A dollar is not what it used to be...

2023 - \$20.88

1935 - \$1.00



Consider inflation when you contribute your 7th Tradition...

Self-Support is about TIME and MONEY

- ✓ Do I do my fair share at my Home Group?
- ✓ Do I give time & money when and where I can?
- ✓ Do I have my own Identity? Recovery? Spirituality?
- ✓ Do I operate from an attitude of trust and abundance? (everything I need is available to me)
- ✓ Do I decline outside contributions?

What more can I
do???

As an Individual...

- Put money in the basket at every meeting you attend
- An AA member can contribute directly to District, Area, & GSO
- An AA member can leave up to \$10,000 to GSO in their will
- Set up/ take down chairs, coffee, greet, at your Home Group
- Attend A.A. meetings at local treatment or corrections centers
- Volunteer at Intergroup to answer phones or do 12 step calls
- Call or visit members who are ill or can't make it to meetings
- Sponsor other members, take them through the steps

JOIN A COMMITTEE...

- ASK YOUR GENERAL SERVICE REPRESENTATIVE OR DISTRICT COMMITTEE MEMBER HOW YOU CAN HELP
- STAND FOR A SERVICE POSITION IN YOUR GROUP, DISTRICT, OR AREA
- SIGN UP FOR ROUND-UPS, CONFERENCES, AND SERVICE DAYS - YOUR HELP IS ALWAYS NEEDED!

As a Group ...

- Read the green card before sending around the basket
- Share group expenses & revenue from the 7th at your business meeting
- Have a prudent reserve with set limits and automatic approval to contribute excess money to District, Area, GSO, Intergroup
- Order AA materials through AA entities (Intergroup, GSO)
- Reimburse or provide money up front to members for service costs
- Have a group representative for each District Committee
- Answer phones or volunteer time at Intergroup
- Attend meetings at local treatment centers or other facilities
- Have a 'welcome committee'/temporary sponsors for newcomers in-person
- Create a "Digital Newcomer's Package" for newcomers on-line
- Participate in District/Area service events, gratitude month, assemblies

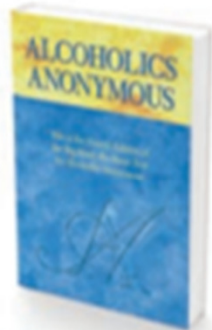
When you or your home group
contributes to the General Service
Office (G.S.O.),
your contribution helps an alcoholic
around the corner
— or around the world...

YOUR SEVENTH TRADITION CONTRIBUTIONS

Carrying Our Message Beyond Your Home Group

When you or your home group contributes to the General Service Office (G.S.O.) your contribution helps an alcoholic around the corner — or around the world.

Here are some of the ways that happens:



1 The G.S.O. Publishing Department has coordinated translations of the Big Book in 70 languages and translations of other A.A. literature in more than 91 languages. Further translations are constantly in process.

2 Each year G.S.O. staff responds to over 90,000 emails, letters, and phone calls from A.A. members, suffering alcoholics, professionals, students, the press and others interested in A.A. Thus accurate and consistent information about A.A. is provided.

3 Staff communications often help someone find local A.A. meetings, link members in service, and support the start of A.A. in countries where there are no A.A. meetings.





4 G.S.O. maintains and updates the aa.org website that averages over 40,000 visits per day. The website provides information about A.A., including how to find A.A. in their community, and provides help to members and those seeking help with their drinking problem, as well as to families and friends of problem drinkers, and professionals.

5 G.S.O.'s Publishing Department publishes and distributes all A.A. Conference-approved literature. Approximately 8 million books, pamphlets, video and audio products are distributed annually. Some of this literature is specifically designed for sight- or hearing-impaired members. *Box 4-5-9*, news and notes from G.S.O., is published four times a year in English, French and Spanish.



6 G.S.O. coordinates the *Loners-Internationalists Meeting Correspondence Service (LIM)*, which is often the only link to A.A. for many A.A. members in remote areas, homebound, or deployed in active military service.

7 The Corrections coordinator at G.S.O. responds to over 6,500 letters a year, primarily from incarcerated alcoholics. Letters often request literature and many express gratitude for a Big Book supplied or a link to an outside member who can take a soon-to-be released alcoholic to his or her first meeting on the outside.

8 G.S.O.'s Corrections staff member also coordinates a Corrections Correspondence Service (CCS), which each year connects over 1,500 alcoholics behind the walls with outside members in order to share A.A. recovery by mail. *Sharing From Behind the Walls*, containing excerpts from inmate letters to G.S.O., is printed four times a year.



9 The G.S.O. Treatment and Accessibilities desk responds to letters and communications from residents or patients in treatment centers and connects them with local committees. The staff member on this assignment supports groups and members in making the A.A. message accessible to all alcoholics.

10 Professionals are frequently the first contact for an alcoholic seeking help. The Cooperation with the Professional Community (C.P.C.) staff member at G.S.O. provides information about A.A. to hundreds of professionals each year, often sending them basic literature. This assignment also coordinates A.A. exhibits at over 25 national conferences of professionals in various fields each year and publishes the newsletter *About A.A.* for professionals.



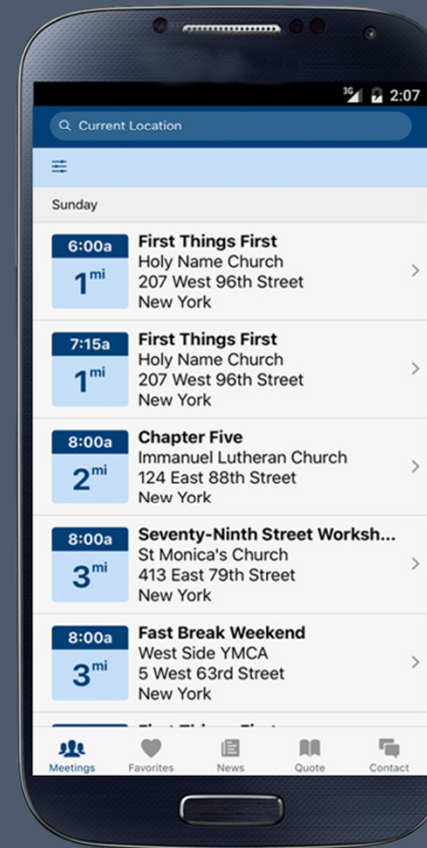
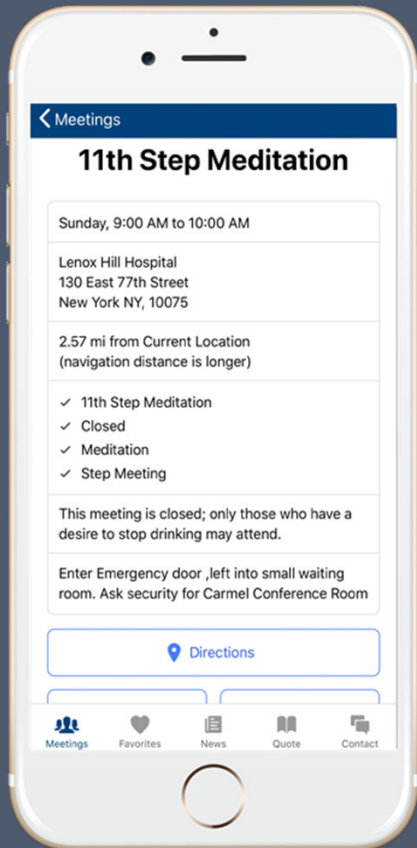
11 The Public Information desk coordinates the production and broadcast of audio and video Public Service Announcements (PSAs) to help reach the still-suffering alcoholics. Each year PSAs produced by Public Information are broadcast on television and radio. The most recent PSA, *Doors*, was aired approximately 75,000 times the first year of its release. The Public Information staff member also responds to approximately 500 emails per month from the press and other media, A.A. members and the general public.



12 G.S.O.'s Archives documents the activities of Alcoholics Anonymous for the future and makes the history of the Fellowship accessible to A.A. members and other researchers. Each year the Archives staff responds to over 1,500 requests for information and research.



Meeting Guide



Have a problem with alcohol? There is a solution.

A.A. has a simple program that works. It's based on one alcoholic helping another.

[Learn More](#)


Find A.A. Near You

State or Province, Town or Zip

[Search Now](#)

Website: aa.org

Alcoholics Anonymous

Area 83 Eastern Ontario International

NEW Registration for the 2023 Spring Assembly is now **OPEN!** **NEW**



Please see this [link for further details](#) on related events during the Covid-19 outbreak. Please check back, as we will continue to add updates to this link as they develop.



Area 83
Homepage

area83aa.org

Alcoholics Anonymous

Area 83 Eastern Ontario International



Area 83 Eastern Ontario International



OR



e-Transfer is a safe, fast, and convenient way for Area 83 to receive your contributions.

To contribute to **Eastern Ontario International Area 83** using e-Transfer:

1. Ensure your account offers e-Transfer as a form of payment.
2. Use the email address treasurer@area83aa.org as the recipient of your transfer.
3. Follow your financial institution's directions to transfer your contribution.
4. In the memo/comment/message section of the transfer, add your Group or District Name, and 6-digit service number.

OUTREACH SERVICES

Public Information

Cooperation with the Professional Community

Treatment / Accessibilities/ Remote Communities

Corrections

Overseas Services (International Assignment & Literature Assistance)

Regional forums

Archives

Communications

CONSOLIDATED FELLOWSHIP SERVICES

Service Leadership

Group Services

Literature Infrastructure

Grapevine and La Viña

Supporting Services (Technology, Finance, HR, etc.)

Member Statistics and Services 2022, 2023

Number of Members in US/Canada Service Structure		1.4 million	1.4 million
Number of Groups in US/Canada Service Structure		72,136	58,455
Total Operating Expenses		\$17.52 million	\$17.1 million
7th Tradition of Self-Support		\$10.56 million (↓ 3% from \$10.78 million 2021)	???
Cost of Services		\$ 9.74 million (↓ 14.9% from \$12.7million 2019)	
Literature (gross profit)		\$ 6.29 million (↓ 1% from \$6.3 million 2021)	~ \$6 million
Cost of Services/Member $\frac{(17,520,000 - 6,298,000)}{1,400,000}$	$\frac{(17,100,000 - 6,000,000)}{1,400,000}$	\$ 8.01 USD (~\$11CAD)	\$ 7.92 USD (~\$11CAD)
Cost of Services/Group $\frac{(17,520,000 - 6,298,000)}{72,136}$	$\frac{(17,100,000 - 6,000,000)}{58,455}$	\$155. USD (~\$207CAD)	\$190. USD (~\$255CAD)

“When we meet and defeat the temptation to take large gifts, we are only being prudent.

But, when we are generous with the hat, we give a token that we are grateful for our blessings and evidence that we are eager to share what we have found with all those who still suffer.”



Bill W, Nov 1957, “Respecting Money”,
The Language of the Heart

